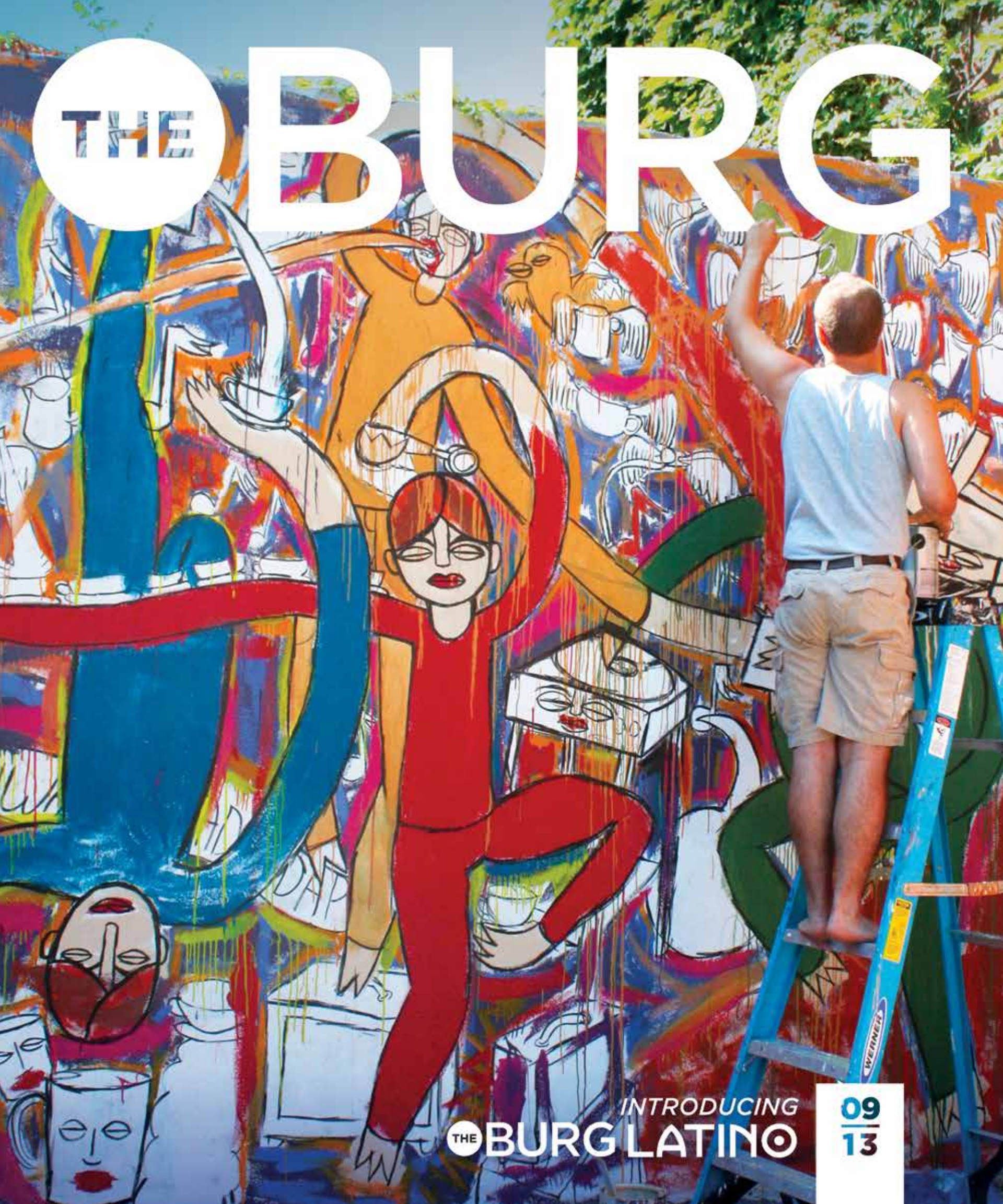


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Harrisburg Downtown Improvement District Presents Restaurant Week

September 9-13 & September 16-20
(3 course meals for \$30)

Join HYP for dinners at the following restaurants:

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Dinner at Bricco Thursday, Sept. 12 at 6:30pm

Dinner at The FireHouse Tuesday, Sept. 17 at 6:30pm

Dinner at Sammy's Thursday, Sept. 19 at 6:30pm

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THEBURG LATINO

- 26. LO MEJOR DE LO MEJOR!



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COVER ART BY: STEPHEN MICHAEL HAAS
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LETTER FROM THE EDITOR

One of the best things about being editor-in-chief of TheBurg is that I have the privilege of witnessing the progress of our community each day, perhaps not fast enough sometimes, but with forward direction and certainty.

I know that's hard to see sometimes. There are big problems here, and the easy way to present news is to focus on what's not right.

Lying just beneath it all, however, is the continued, albeit uneven, progress of a place putting its pieces together. So, businesses open and improve; people take on difficult initiatives to make things better; a new theater season debuts; people face adversity but continue to forge ahead. You'll find evidence of all that in this month's issue.

You'll also see something unique to TheBurg, a section that we call TheBurg Latino, which we're including to honor National Hispanic Heritage Month. The Harrisburg area is becoming increasingly diverse and, as a community newspaper, we must appreciate and reflect that fact.

Otherwise, you'll find a little bit of this and a little bit of that: from news and opinion to culture and food to sports and education. When you put it all together, I hope that you'll also witness a place confidently building up.

LAWRANCE BINDA
Editor-in-Chief

GENERAL AND LETTERS

403 N. SECOND ST. • HARRISBURG, PA 17101
 WWW.THEBURGNEWS.COM

EDITORIAL: 717.695.2576
 AD SALES: 717.695.2621

PUBLISHER: J. ALEX HARTZLER
 JAHARTZLER@THEBURGNEWS.COM

EDITOR-IN-CHIEF: LAWRANCE BINDA
 LBINDA@THEBURGNEWS.COM

SALES DIRECTOR: LAUREN MILLS
 LMILLS@THEBURGNEWS.COM

SENIOR WRITER: PAUL BARKER
 PBARKER@THEBURGNEWS.COM

CONTRIBUTORS:

TARA LEO AUCHEY, TODAY'S THE DAY HARRISBURG
 TLAUCHEY@TODAYSTHE DAYHBG.COM

ROSEMARY RUGGIERI BAER
 RRBGU69@AOL.COM

BARBARA TRAININ BLANK
 TRAININBLANK@GMAIL.COM

JESS HAYDEN
 ARTS.JESSHAYDEN@GMAIL.COM

DON HELIN
 WWW.DONHELIN.COM

KERMIT HENNING
 KGHENNING@AOL.COM

ANDREW HERMELING
 DREWHERMELING@GMAIL.COM

STEVE JULIANA
 STEVEJULIANA@YAHOO.COM

M. DIANE MCCORMICK
 DMCCORMICK113@AOL.COM

STEPHANIE KALINA-METZGER
 STEPHANIEKALINAMETZGER@YAHOO.COM

LORI MYERS
 LORI@LORIMMYERS.COM

KERRY ROYER
 KLMCGUINNESS@YAHOO.COM

REGGIE SHEFFIELD
 TROYLUS@COMCAST.NET

MISSY SMITH
 MISSYSMITH@HOTMAIL.COM

DAN WEBSTER
 DWEBSTER@THEBURGNEWS.COM

JASON WILSON
 JASON.WILSON@EMBARQMAIL.COM

INTERN:

DANIEL SMYTH
 DZ55463@PSU.EDU

DESIGN:

CREATIVE DIRECTOR & DESIGNER: MEGAN DAVIS
 HELLO@MEGAN-DAVIS.COM

DESIGNER: KRISTIN SABADISH
 KRISTIN@OPENCORKDESIGNS.COM

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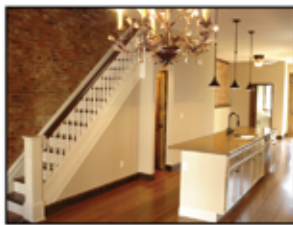
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WHY I BOUGHT THEBURG

A strong community must have an engaged, supportive press.

BY J. ALEX HARTZLER

Jeff Bezos' purchase of The Washington Post last month triggered all manner of articles and commentary in media around the country. As I am learning, nothing is more interesting to media types than other media types in the media. Of course, this is perhaps true in other professions, with the small distinction that not everyone gets the opportunity to read or hear about it in quite the same manner.

Print media generally has been in decline for a decade or more as the rise of the Internet has fundamentally altered the production and consumption of "news." It is ironic to some that those who have made their fortune as a result of new media, like Bezos and Chris Hughes, a founder of Facebook who bought The New Republic in 2012, among others, are now returning to invest in print.

Some wonder whether these purchases will save the publication in question or hasten its demise. One commentator in the New York Times pointed out that Bezos is spending a very small percentage of his wealth on the Post and cannot possibly be expecting a return. The commentator speculated that it is only proper that one of the people who has most benefited from our current Gilded Age would now pursue the enrichment of society more generally through the pursuit of knowledge and community education more broadly. I suspect that this is exactly what Mr. Bezos has in mind.

Inevitably, a few friends have mentioned to me the parallel between my own prior career in an Internet-based company and my recent purchase of TheBurg. While flattering, there is, of course, no parallel in size, scope, influence or anything else, beyond a possible shared belief in engaged community reporting. I do acknowledge, however, that I have been very lucky in my career and that the "new economy" has treated me exceedingly well, perhaps disproportionately so, and that this fortune has given me the opportunity to encourage community improvement more broadly. To the extent that Bezos will "save" the Post and allow its staff to continue to do what it does best, for the benefit of the national community, without requiring a financial return or answering to the vagaries of the public financial markets, I congratulate him and hope to emulate his efforts on a local level.

The story also made me think once again about the reasons behind my purchase of TheBurg and about our key operating principles. They are as follows:

1. The mission of TheBurg is to provide responsible, engaged reporting on the people and places that make up our local community in the Harrisburg area, while setting a high standard for principled and integrative journalism. TheBurg will tell the stories of the 95 percent of what is right about our area, while playing a constructive role in trying to improve the 5 percent that is wrong.

2. The editor-in-chief and staff have complete editorial control, within the confines of our mission. If you ever see mug shots, sensational crime stories, inflammatory political coverage or Jerry Sandusky on the cover, you will immediately know that I am no longer the publisher. Beyond that, however, Larry, Paul and their staff make the story decisions and write what they want so long as it is accurate and fair. I may provide story ideas from time to time, but the stories you see are ones that Larry and his team have decided are newsworthy. Cynics may believe that I unduly influence coverage—as my staff's community or political views may occasionally align with mine—but that is simply wrong.

3. TheBurg will achieve a break-even business model after a grow-in period. I bought TheBurg because, after four years, Larry and Pete told me that they could not financially sustain the paper. By stepping in and providing new financial resources, I was able to help TheBurg grow its number of pages; greatly improve its design, graphics and website; and produce a leading monthly publication. However, it will eventually have to stand on its own to be sustainable long-term. In other words, it will have to break-even from an annual income and expense standpoint. I do not expect or even wish to earn a financial return publishing TheBurg. I also do not expect or wish to lose money on a continual basis. I have already told our staff that, due to our impressive content and business side improvements this year, I will support TheBurg financially through 2014. However, we continue to have much work to do to reach financial sustainability.

4. TheBurg will be a force for positive change within the wider community. Unlike other suburban media outlets that consistently tell you what is wrong with Harrisburg, without suggesting ways to improve it, I firmly believe that a community newspaper is an actor in the community, not merely an observer of the community. What we say and what we print do matter to those who live here and those who visit us from outside. The community ethos, if you will, stems in large part from the stories we tell each other, about ourselves. TheBurg will do its part of that storytelling in an engaged, productive and principled manner. The alternative of the disengaged critic leads to cynicism and ultimately despair, which tears down the community. My belief is that this model also rests chiefly on a failed business model built upon the false perception of people's desire for sensation and controversy over thoughtfulness and consensus-building. I believe that a strong community, like Harrisburg, deserves a positive voice that accurately reflects the great strengths we have to offer, not a forum for the lowest common denominator and for commentators seeking to display their ignorance and grievances.

That is why I bought TheBurg. I hope you have been enjoying our work this year as much as I have.

J. Alex Hartzler is publisher of TheBurg.



JUDGE TOSSES MINDLIN, CURTIS CANDIDACIES

A Dauphin County judge last month upheld challenges to the independent candidacies of Nevin Mindlin and Nate Curtis, throwing both men off the Nov. 5 general election ballot for Harrisburg mayor.

Judge Bernard Coates Jr. ruled Mindlin's candidacy invalid because he failed to fill out a mandatory section of his nominating petition. He rejected Curtis' petition for failing to meet the city's residency requirement.

The decision came after both Mindlin and Curtis defended their candidacies in court before Coates.

Mindlin said that he did not fill out a section of the petition because it seemed to pertain only to political parties, and he was running as an independent. He said that advice he received from the Dauphin County Bureau of Elections backed up his belief.

Nonetheless, Coates, citing legal precedent, rejected that argument, asserting that filling out that section was a requirement under law. Curtis also failed to fill out that section, but Coates rejected his petition first for not complying with the mandatory one-year residency requirement for candidates.

Mindlin said that he would appeal the ruling, which had not yet been decided at press time.

.....



MILLER BACK IN RACE

City Controller Dan Miller last month re-entered the race for Harrisburg mayor, days after saying he would not run again.

Miller lost the Democratic primary in May, but gained a slot on the November ballot by earning 196 write-in votes as a Republican.

Since his primary loss to Eric Papenfuse, Miller had not publicly stated if he'd run on the GOP side. At a press conference, he finally publicly declined the opportunity, only to change his mind four days later following petition challenges to independent candidates Nevin Mindlin and Nate Curtis.

Mindlin and Curtis eventually lost their challenges and were thrown off the ballot.

Miller, who is a Democratic state committeeman, will now run as the Republican against Democrat Papenfuse during the Nov. 5 general election.



CARTER NAMED POLICE CHIEF

Twenty-five-year force veteran Thomas Carter was named acting chief of police last month following the retirement of former Chief Pierre Ritter.

Carter, who was promoted to captain just three months ago, was selected from among the department's three captains, who all were interviewed for the post, said Mayor Linda Thompson. Most recently, he had headed up the department's criminal investigation division.

Thompson said she has no plans to nominate Carter for full chief, so he will remain "acting" chief until the end of her mayoral term. The next mayor, she said, should be granted the opportunity to appoint his own police chief.

"I'm here to do a job here and now," said an emotional Carter as he was introduced as the new acting chief. "The only thing I care about is serving the people of this city."

Ritter, another long-time Harrisburg police officer, retired from the force unexpectedly after three-and-a-half years as chief.

.....

RECOVERY PLAN SET TO HIT COURT

The Commonwealth Court this month is expected to begin consideration of elements of Harrisburg's financial recovery plan.

Receiver William Lynch said last month he expected to bring some—or all—of the plan to the court for approval.

The court must OK all changes to the original proposal approved last year. These include the details of deals involving the incinerator, the parking system and the water/sewer system. Other key elements of the plan include renegotiation of contracts with the city's three labor unions and possible concessions from the city's numerous creditors.

City Council also must pass enabling legislation to enact many elements of the recovery plan. It had planned to start that process at a special legislative session in mid-August, but that meeting was cancelled.

CHANGING HANDS:

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- Benton St., 509: C. Morrow to J. Washington & J. Barksdale, \$89,900
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- Edward St., 501: E. Marino to A. Telford, \$123,000
- Fulton St., 1732: LT65 Sunrise LP & C. Michael to PA Deals LLC, \$46,500
- Fulton St., 1732: PA Deals LLC to B. & M. Weaver, \$62,500
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- N. 2nd St., 2525: F. Vicknair to S. Barry, \$193,500
- N. 3rd St., 1401, 1405, 1407, 1409, 1411; 300 & 302A Calder St.; 1405, 1410 & 1412 James St.: Third Street Development to Susquehanna Art Museum, \$808,455
- N. 4th St., 2320A: Trusted Source Capital LLC to K. Lee & Y. Su, \$36,000
- N. 4th St., 3310: E. Powden to B. Yonkin, \$125,000
- Parkside Lane, 2910: P. & C. DiMartile to W. & B. Hoover, \$233,153
- Penn St., 1314: Fannie Mae to E. Jones, \$75,000
- Pennwood Rd., 3135: PNMAC Mortgage Opportunity Fund LLC to PA Deals LLC, \$58,000
- Race St., 608: D. & C. Smith to Shipoke LLC, \$140,000
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- Showers St., 609: A. Beam to R. Leiphart, \$137,500
- S. 26th St., 655: L. Kramer & T. Starr to Twenty Ninth Street United Methodist Church, \$120,000
- S. 27th St., 655: G. & A. Havrilla to S. Sullivan, \$59,900
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RIGHT BY HARRISBURG

This community magazine is a different type of publication.

BY LAWRENCE BINDA

Last month, I got into my first-ever Twitter fight.

I'm not proud of this.

I wrote a blog post for TheBurg's website, a Patriot-News reporter took offense and off we went. One-hundred-forty characters at a time, which is no way to have a civilized, much less a thorough, discussion.

In fact, after a few tweets, I abandoned the argument because of the simple futility, maybe even the silliness, of it all. And, besides, I had a magazine to run and stories to edit, and the day, like most days, was flying past.

Fortunately, there still are other ways to make a point, such as good old ink-on-paper, an ages-old technology that frees me from the tyranny of having to cram complex ideas into 20-word posts.

What I most wanted to say was this: When I write a column or assign a story or make any decision, my general philosophy is that I try to do right by Harrisburg.

Now, I certainly understand that my idea of what's best for Harrisburg may not be another's person's idea of what's best for Harrisburg—and I don't mean to sound presumptuous or paternalistic.

But TheBurg, from the start, was never meant to be a traditional newspaper. It was designed to try to reflect how life actually is lived here on a daily basis and, if it can, encourage positive change to make things a little better.

My journalism professors at the University of Missouri are probably rolling their eyes (or, for several of them, in their graves) at that approach.

Twenty years ago, "objectivity" was taught, and reporters were trained to be little more than flies on the wall, a reporting method I tried to follow early in my career.

However, as I got older, bought a house and became invested in a close-knit urban neighborhood, I came to understand the role that a newspaper could play in tying together a community, helping to give it a sense of place and purpose. To do so, though, the fly on the wall had to be squished in favor of greater advocacy for my community.

Which gets me back to my fracas with the Patriot-News reporter.

In my blog post, I criticized PennLive because I believe it often feeds the melodrama in this already melodramatic city, to no one's benefit.

He thought I was criticizing a colleague for her reporting on Harrisburg and expressed outrage for it. That was not my intention. Like a lot of people, for me, the name "PennLive" has come to mean the totality of that website, including, in large part, the often-inflammatory, even noxious, reader comments, which frequently eclipse the stories themselves. The comments, in my opinion, add little productive to the conversation, often serving as a forum to flog Harrisburg, perpetuating prejudices, untruths and preconceived notions.

As for the Patriot-News' reporting—sometimes, I think it's excellent, sometimes, I don't. But that's the nature of any newspaper.

Similarly, I was critical last month of the re-entry/re-re-entry of Controller Dan Miller into the city's mayoral race. My reasoning was much the same.

I did not see Miller's weeklong cat-and-mouse game over whether he'd run as helpful to Harrisburg. I saw it as a stage-crafted spectacle that made the city look petty and ridiculous.

I personally don't understand how such a long-term, philosophically dedicated Democrat like Miller can run under the GOP label, but that's his business. I only wish he'd made his decision with greater sensitivity to how his very public actions impacted this much-maligned city.

In that same vein, TheBurg recently has been critical of city politicians, including Mayor Linda Thompson for her own vacuous, misleading press conference, former Mayor Steve Reed for the embarrassing spectacle of the Wild West artifact auction and mayoral candidate Eric Papenfuse for his refusal to candidly discuss challenges to the mayoral petitions of his opponents.

Going forward, I plan to continue to use my best judgment to advocate for Harrisburg and push for positive change. I don't expect to always be right or that everyone will always agree with me. But, as I run this community magazine on a day-to-day basis, that's my guiding principle, unchanged from the beginning. **B**

Lawrence Binda is editor-in-chief of TheBurg.



WITNESS TO HISTORY?

In Harrisburg, hostility has been replaced by apathy.

BY TARA LEO AUCHEY

On the 600-block of Maclay Street is one of the city of Harrisburg's most recognized murals. Spanning the entire side of a building, it colorfully depicts the 1847 visit of abolitionists Frederick Douglass and William Lloyd Garrison.

While the mural signifies the honor and prestige of the event, it was actually one of the most dishonorable happenings in Harrisburg's history.

In a letter dated August 8, 1847, one day after a town hall meeting with the renowned abolitionists in downtown Harrisburg on the wrongs of slavery and the need for civil rights, Douglass described what happened.

At the start of the meeting, Garrison, who was white, was given attention and due respect when he spoke; yet when Douglass, who was black, took the stage, a bombardment of rotten eggs came through the doors and windows. The sounds of fireworks and obscenities filled the air from a mob that had gathered outside of the hall to violently protest Douglass' visit.

There was no one there to stop what Douglass defined as a "fiendish rage." Audience members became fearful for their own safety and pressed in panic out the exits. No police came. No one attempted to stop the brutal throng.

Seeing that the danger was too great, Garrison addressed the stench-filled room and told the audience that the abolitionists' mission in Harrisburg had ended. He announced that he and Douglass would travel on where there was self-respect and where freedom of speech and the right to assemble were protected.

An attorney named Charles Rawen stood up and declared the people of Harrisburg did value liberty and that, if the mob could not be stopped, it was because the people of Harrisburg let it happen.

No one joined Rawen in message or action.

The meeting was closed with only a few words said by Douglass, and the abolitionists departed physically unharmed except for suffering the drench of rotten eggs and the disappointment of vanquish.

Afterwards, Douglass wrote, "The atrocious character of the proceedings is sufficiently palpable, and Harrisburg one day will be ashamed of it."

ANOTHER MEETING, ANOTHER TIME

Flash forward to July 24, 2013. Civil rights activists Martin Luther King III and Cylk Cozart came to Harrisburg to discuss education, parental involvement, youth violence and cultural empowerment at a community forum at John Harris High School.

Unlike 166 years ago, there were no demonstrations of protest or violence. There was no mob outside seeking to harm or drive the speakers out of town.

However, an analogy of shamefulness can still be drawn.

The auditorium that seats 1,200 people was scattered with about 500 to 600 attendees.

An hour before the event began, it was recorded that all but 54 tickets had been reserved. Free tickets, too. The only purpose of having to secure tickets was keeping track of how many were expected to attend the visit from these celebrated community organizers and activists.

There was anticipation that people would have to be turned away.

That was not the case.

The audience was meager. State officials were present, but numerous local officials were notably no-shows. Despite the fact that these national leaders of the black community arrived in a city with a majority population of black residents, that was not sufficiently represented in the crowd. By a show of hands, there were only about 15 city of Harrisburg students present even though there were groups of youth sitting idly throughout the neighborhood within bounds of the auditorium's doors.

In juxtaposition to Douglass and Garrison's visit, this time the people of Harrisburg didn't fail to protect freedom of speech and the right to assemble. This time, the people of Harrisburg failed to witness it.

ISSUES OF THE DAY

While he was here, Martin Luther King III said, "When women and men come together, we bring about change."

The city of Harrisburg is clearly in need of change, and, while it's the financial and governmental issues that make the front pages of local and national media outlets, there are lesser-discussed social changes to be had, too.

For various reasons that can be debated at length, Harrisburg is impaired by a lack of tolerance and collaboration. Slavery may no longer be the explicit topic on the table, but racism—both white to black and black to white—is well in evidence.

The insidious tangles of superficial bias and hate wrap themselves around the city and threaten it to a more severe degree than the empty coffers of City Hall.

The causes for this are many and are shared by urban areas across the nation, such as disinvestment, poverty, educational disadvantages, politics and ethnic and cultural prejudices.

When listed like this, these challenges seem too big and lofty to overcome. The virtue of Harrisburg, though, is that it is a small city. The problems it faces are much more manageable at this scale. It may seem daunting, but this capital city along the river can adopt effective models of change to realize its potential, succeeding not just financially but as a community.

Of course, that will only come with serious changes in attitude, action and leadership.

Step one is to work together.

This will be accomplished if the people of Harrisburg adjust their historical reputation by standing up and showing up for what is right and worthwhile.

Then perhaps the words of the great speakers who have visited Harrisburg for the common good will have resonance to those who live here. **B**

Tara Leo Auchey is creator and editor of today's the day Harrisburg. www.todaysthedaybbg.com.



RETURN OF THE NATIVE

Master Gardeners want to create an arboretum in Harrisburg Cemetery, but find they're up against centuries of damage.

BY PAUL BARKER

Not long ago, Jane Lawrence of the Dauphin County Master Gardeners was at the entrance to Harrisburg Cemetery, looking for the right plant for a low limestone wall across from the caretaker's cottage.

The difference between the right plant and the almost right plant, to adapt a line of Twain's, is the difference between a fox and a foxglove, and the right plant for Lawrence would have to meet several demands. For one, the view over the limestone wall, of the Capitol dome, had to be preserved. So whatever variety she picked would have to be small—under 3 feet if possible.

It would also have to be interesting to look at for more than one season of the year. Every plant has seasonal offerings. Some, like the crabapples on a nearby plot, have spectacular spring blooms and ornamental fruit in autumn, but are dull in winter. Others, like the Kentucky coffee trees just up the road, are scrappy most of the year. The ideal plant for the prominent entrance spot would have something to show every season: flowers in spring and summer, leaf color in fall and berries in winter.

Lawrence decided, provisionally, to plant hydrangeas. But there were further considerations. Price mattered, as did ease of propagation. Her selection had to be limestone-friendly and had to tolerate being exposed. And the question of height remained. Most hydrangeas grow to 3 or 4 feet. There are dwarf varieties, but only in a narrow range of colors. One has pink blossoms, the other blue.

"But I wanted white," Lawrence told me later, when we met in town. "So I'm still holding off on that one."

Lawrence grew up in Detroit Lakes. Her grandmother, an avid gardener, gave her a plot to tend in her backyard. She later moved to Muncy, Pa., and raised chickens, rabbits, fruits and vegetables on an 11-acre farm. At the same time, she taught social work

in the graduate school at Temple. "I liked people. I also liked growing things," she said. When a position opened at Temple's Harrisburg campus, she moved. She eventually settled in Bellevue Park, a bosky, undulating neighborhood to the city's east, near John Harris High School.

Lawrence is short, with a sandy pixie cut and a sweet demeanor. She expressed a concern for animals and insects that "can't feed their babies." A few years after she moved to Bellevue Park, a series of heavy storms struck the region. A wooded area in the neighborhood lost several large trees, and the resulting hole in the canopy allowed plants closer to the ground to thrive. "I began really watching the woods," Lawrence said. Soon, the floor was overrun with honeysuckle, privet and other invasive species. She became interested in the challenge of repopulating hollowed-out woods.

In the fall of 2008, Lawrence joined the Dauphin County Master Gardeners. Master Gardeners are unpaid volunteers who apply for certification by the Penn State Cooperative Extension. The certification process is rigorous. They must complete 40 hours of training and pass an exam, plus attend eight hours of update training each subsequent year. They volunteer time and expertise in their communities, answering hotlines, maintaining demonstration gardens and offering public workshops and lectures. According to Penn State guidelines, their role is to disseminate "unbiased, research-based information" to home gardeners. They are not to attach themselves to commercial products, nor can they charge a fee.

They also frequently involve themselves in civic beautification. Lawrence got involved with a group of Master Gardeners who had started working at the Harrisburg Cemetery, cleaning up overgrown patches and identifying trees. Eventually, seeing that some of the oldest canopy trees were in decline, they started thinking about planting saplings. They noticed that the

cemetery was missing a "middle story"—that is, trees between the canopy and the low ornamentals. In late 2010, they developed a list of preferred trees for new planting, with an emphasis on native species, including mid-height trees like sourwoods and yellowwoods.

"We decided on a focus on native plants because these seem to be outnumbered in most private and public gardens," Lawrence told me. "We are very concerned about promoting native wildlife, and the best way to do so is by providing them the food sources they evolved with."

In 2011, one of the Master Gardeners, inspired by a visit to Morris Arboretum in Philadelphia, suggested the group pursue the creation of an arboretum in Harrisburg. Lawrence did some research and came up with a list of goals. When it came to choosing an appropriate site, the group did not look far. "We were all so fond of the cemetery plantings no one considered looking elsewhere for an arboretum, feeling we had the makings of one where we were," Lawrence said.

Through this effort, the Master Gardeners will be adding to the appeal of one of Harrisburg's most remarkable, and yet least-known, historical landmarks. They'll also be waging a local battle in what might be described, with only modest exaggeration, as a nationwide horticultural war.

FEEL OF A PARK

Harrisburg Cemetery is the largest and oldest cemetery in the city. It sits on a bluff at one end of the State Street Bridge, overlooking the railroad and the Capitol dome. Chartered in 1845, its grounds were carved from the city's largely rural outskirts, and they gradually filled as church graveyards in town were relocated to make room. In time, it became the resting place of prominent local families. The headstones now feel like a survey of Harrisburg street signs: Verbeke, Calder, Cameron, Reily, Boas, Herr and Forster are there, among others.

The cemetery is also home to an astonishing variety of trees. There are flowering dogwoods, cherry trees, cedars, ashes, oaks and maples. They have a global pedigree: not far from the entrance is a towering European beech, whose gray trunk looks like a swollen elephant leg, and nearby is a bald cypress, native to the United States, with a thin coat of feathery needles. There's a dawn redwood from China, several Korean dogwoods and at least one English Hawthorn that, despite its name, is believed to hail from Africa.

The trees, combined with the grounds' crisscrossing avenues, lend the cemetery the feel of a park. The effect is deliberate and reflects a taste in the mid-19th century for cemeteries one could visit and walk around. Nowadays, visiting a grave with a purpose other than to mourn can seem like a form of trespassing or disrespect, but in the last century or two, it was nothing unusual. (In Woodlawn, a historic cemetery in the Bronx, N.Y., where I once gave tours, some mausoleums had rooms where relatives could sit, read and even picnic.)

In May, on the first day of spring landscaping, I took a tour of the Harrisburg Cemetery with David Via, the resident caretaker. I found him halfway down a row of headstones, next to a plume of blue-white smoke. Via and two colleagues were clearing some graves of stilt grass, a tenacious invasive weed, and had resorted to lighting clumps of it on fire.

Via apprenticed at an art conservation shop in Watertown, Mass., the area of the shoot-out after the marathon bombing, a little over a week before we met. "Actually, the diner we used to go to was in the news, because of those two idiots from Boston," he told me. He travelled often, mostly restoring bronze. "But then the economy tanked, and there was no money for public art."

He now works at the cemetery full time, addressing whatever needs addressing, which is usually some combination of overgrowth, fallen trees and damaged markers. In the winter, when he can't do landscaping, he works in the cottage. "I have paperwork going back to 1843," he said.

We headed for the cemetery's western edge, past patches of grass dotted with flowers. "Traditionally, it was the time to start mowing when the violets started dying," Via said. He pointed out a toppled headstone. Vandalism is a recurrent issue, and cutting back foliage often comes with the trade-off of making for easier trespassing through the woods.

As we approached the cemetery's boundary, we came upon a massive tower built into the hillside, like the last remaining turret of a ruined castle. This was the monument to Marlin Edgar Olmsted, a statesman who drafted Puerto Rico's constitution and served as a member of Congress for 16 years.

A few steps away, on a stout square pedestal, stood John Geary, the only bronze statue on the grounds. The inscription notes that Geary, who died at the age of 57, was a colonel in the Mexican War and major general in the Civil War, as well as San Francisco's last alcalde (a Spanish municipal official) and first mayor, governor of Kansas and, later, of Pennsylvania. "He packed a lot of life in," Via said.

As we walked, Via plucked up the occasional weed. He held up some garlic mustard, a European herb that is currently invasive across much of North America. "The funny thing is, you can actually eat this stuff," he said.

Tastes in burial, like tastes in cemetery styles, have changed over the years. As we walked, we passed a diverse assortment of markers. Some graves are ornate and imposing, while others are humble and spare. Some convey the presence—or rather, absence—of a singular individual; others present a collective, identities lost among the closely packed stones.

Via pointed out the Lutherans: several crammed rows of headstones, their lettering faded. They were dug up and relocated from a churchyard in town to make space for the railroad station. Not all were identifiable, and an obelisk now marks a single large plot where unknown remains were piled. Further along, we came to some shining white headstones. They marked the graves of Civil War soldiers who died at Camp Curtin, the major Union camp in Harrisburg. A year ago, for his Eagle project, a Boy Scout replaced the old graves with new, legible markers.

We circled back to the lot with the burning stilt grass. Terri, a part-time employee, was working with a handsaw, cutting at weeds growing between the stones. "I disturbed an ant colony and now they're biting," she said.

Via lit a cigarette. With one hand on his hip, in a straw hat, his leg cocked at the knee, he looked not a little like the statue of Geary. Though he laments the lack of money for conservation across the state, Via is pleased that the cemetery, at least, faces no imminent threat of a funding shortage. Harrisburg Cemetery has an endowment that pays for its upkeep, and it requires no outside grants. It is also, so to speak, still open for business.

"It pays to keep the cemetery running," Via said. There are plenty of available plots, and, with current tastes tending towards cremation, the number of potential internments per plot is high. Unlike some cemeteries, Harrisburg has virtually no restrictions on the number or type of burials. "If you can fit 'em in there, go for it," Via told me. "We just buried a gentlemen in a fishing tackle box."

THE PERFECT EARTH

Gardening, with its bent towards trading and collecting, has not always had benign effects on ecosystems. American horticulturists, seeking plants that were both hardy and aesthetically interesting, historically transplanted species from abroad, especially from Europe and East Asia, where temperate climates harbor varieties that easily can flourish here. But the feature that makes non-natives desirable for gardens—their resistance to native fauna and disease—also makes them dangerously resilient in forests, where the lack of local predators gives them a competitive edge.

Eric Burkhart, the program director at Shaver's Creek, a nature center connected to Penn State, has fought the spread of invasive species for years. Burkhart, who holds a Ph.D. in forest resources, teaches courses on plant identification and invasive forest plants. He explained that Pennsylvania, like many states, has witnessed an increase in invasive populations over the last few decades.

"Most of our native stands have seen slow change happening," he said. "In a state like Pennsylvania, it's mostly been due to fragmentation."

Fragmentation refers to the division of intact woodlands that comes with urbanization—the paving of highways, for instance, or the clearing of power-line valleys. Fragmentation creates exposed edges, where invasive species tend to flourish. "When you create a zone of disturbance, you set up for a species adapted for disturbance to make its way in," Burkhart said.



Jane Lawrence, helping to find a rose bush to plant by the grave of Horace McFarland

“Invasive” is not a straightforward distinction. It describes a tendency or pattern of growth rather than an inherent quality. Not all non-natives are invasive: hostas, native to northeast Asia, are popular in the United States, but deer love to eat them, which keeps them from outgrowing other species. And many plants that are native here have invasive tendencies abroad. An American species of black cherry, for instance, is becoming invasive across Europe; red maple, native to the Northeast, is invasive in Hawaii. “Generally, what defines an invasive is that it will spread to an adjacent ecosystem,” Burkhart said. “It’s not the non-native wildflower in your garden, but what spreads from your garden to the state park down the street.”

Invasives not only spread quickly, but also are often difficult to eradicate. Take garlic mustard, the edible herb *Via* pulled up in the cemetery, which is a tall weed with floppy green leaves and clustered white buds. In certain months, it’s easy to remove manually. But an individual plant produces 1,500 seeds each year, and the seeds can sit in the soil for seven or eight years, waiting for a chance to grow.

Coupled with the non-natives’ resilience is their relative uselessness to the rest of the ecosystem. I met with Steve Kidd, the owner of Perennial Gardens, a nursery in New Bloomfield that specializes in native trees and shrubs. Kidd sells plants out of a tent in the Farm Show Complex parking lot on Friday mornings, and the Dauphin County Master Gardeners are among his regular customers. Like Lawrence, he is keen to emphasize the importance of natives to local wildlife.

“You have to think back to the perfect Earth, before the white man showed up,” Kidd said. “Why do birds and bees migrate? They have certain plants that they need to eat.” He offered the example of the monarch butterfly, which depends on milkweed. “It can’t complete its lifecycle without it.”

At the same time, though, non-natives can be easier to maintain, and they offer characteristics a gardener



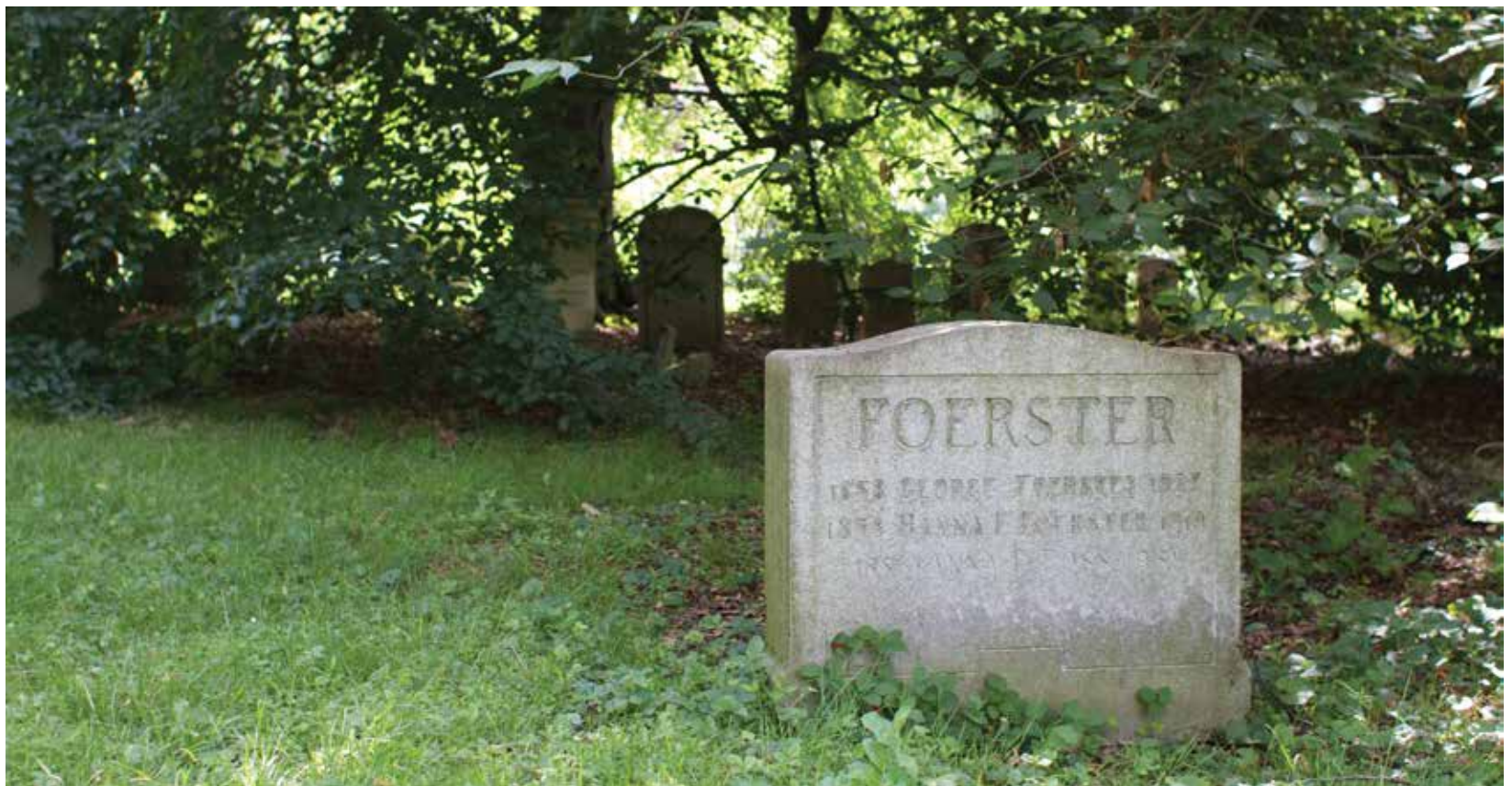
can’t get from a native plant. “We’ve historically always moved plants around,” Burkhart said. Watermelon, for example, is originally from Africa—the Spanish introduced it through Mexico. Lawrence and some of the other Master Gardeners have created a list of natives with similar traits to popular non-native species; they distribute it to other gardeners to encourage substitution. But even their plans for the cemetery include non-native varieties. (At the time of this writing, Lawrence’s plan for the limestone wall was *deutzia*, a genus of flowering shrubs whose species are mostly the right color and height—and mostly from China.)

Kidd also sells non-native plants. In the back of his truck was a miniature nursery, and among green weeds was a flower that stood out for its bright red blossoms.

“That’s not a native,” Kidd said. “I also have to attract the American woman. It is a business. People will say to me, ‘You’re not a native plant vendor! You’re someone who sells some native plants!’ Well, yeah.”

Burkhart’s outlook is not apocalyptic. He discusses the problem with an academic’s tranquil tone. “Many of these plants, they’re not bad plants—they’re just plants,” he said. “They have many positives, like medicinal uses and removing carbon.” He worries, however, about the virulence of invasives, particularly when it comes to out-competing native sources of food.

“People say, ‘Things change in the world,’” Burkhart said. “While that’s true, it doesn’t mean there isn’t a negative impact. We’re creating areas where there’s nothing to eat.”





CALL IT A PIN

On a Wednesday in June, the Master Gardeners met for their monthly meeting on the Harrisburg Cemetery grounds. Lawrence arrived early, her middle finger wrapped in a ball of bandages. It had been a difficult couple of months. After recovering from successive bouts of illness, she had snipped off the tip of her finger with pruning shears.

A clunking sound came from the lock on the cottage door. Via emerged with a cigarette and a cup of coffee in a Ball jar. “How you feeling, Jane?”

“My one problem’s over, but I’ve had other problems since then,” she replied. “It’s just gonna be a year of agony.” She laughed.

As the gardeners arrived, they crowded around a table in a front room of the cottage. Above the lintel of the open door was a trio of papery flags on thin wooden stems. Birds chirped in the trees.

For the arboretum project—as for anything involving the growth of trees—the gardeners have had to take a long view. They’ve started some saplings in a nursery, but, in the meantime, they must also keep up with basic maintenance. Lawrence mentioned the rhododendrons planted on either side of the entrance gate.

“They’re facing south in the sun all day. It’s not their natural habitat,” Lawrence said. “They’re sick and they’ll never make it.”

The group discussed possible replacements. “Since we’re Master Gardeners, maybe we should put in demonstration gardens,” someone suggested.

“I would just say, something like that is high maintenance,” another gardener replied. “With all the maintenance already...”

“Could it demonstrate maintenance-free?”

“There’s no such thing!”

The group knocked around several options. Someone had seen a variety of Indian grass bearing pink and blue blossoms. Woodland sedum, a perennial herb, was considered but passed over because it would require too much shade. Then someone brought up epimedium, a genus of low-growing perennials. It began to gain traction.

A newer member piped up. “For those of us not fully indoctrinated—epimedium? Help me out.”

“Barrenwort,” another gardener replied. (Epimedium

has been bestowed with a number of colorful names, including barrenwort, bishop’s hat, fairy wings and horny goat weed.)

“It has a thin, wiry stem and little heart-shaped leaves,” said Lawrence, “and yellow, white and red flowers.”

“And there’s a native variety,” someone added.

“So, if we had that with some shrubs...” said Lawrence. The group settled, for the moment, on an evergreen shrub with native epimedium beneath.

The next order of business was finding a rose bush to plant by the grave of Horace McFarland, a proponent of the City Beautiful movement, who was the first president of the American Rose Society. There was discussion of his favorite rose.

“I still think, if he had lived long enough, he’d have loved the Knock Outs,” someone said. The room erupted into laughter. “Knock Out” is a disease-resistant variety of rose, bred in the late 1980s. It was a gardening joke.

The group walked out to a huge bush of pink roses growing by a nearby grave. They tried to determine how old it was, based on the burial dates on the marker—1910 or 1936 or later. No one knew. They looked it over and decided it was worth taking a few cuttings. “We already know it can live in this space. It likes the cemetery,” someone said.

“I do like it,” said Lawrence. “It’s a very pretty color. Who else will take a cutting? That way we’ll hedge our bets.” Four gardeners agreed to pot a piece of the bush at home, in the hopes that one would take.

The final task was tree identification. For the arboretum, in addition to rearing and planting new trees, the gardeners must label what’s already there. The gardeners divvied up the plots among identification teams.

Lawrence set out with two other gardeners, Alicia Mercik and Marie James. James, a newly minted Master Gardener, admired Mercik’s official pin. “It’s a mixed blessing,” said Mercik. “You show up at a public function, and people think you know everything.”

Identifying trees can be painstaking work, and Lawrence is constantly looking for volunteers. Some species are common, but others in the cemetery are over a century old, and knowledge about them has

departed with the people who planted them.

“We had a couple of professors come in, and even they were having trouble,” Mercik told me. The variety is also an asset, however. “They said it was a teacher’s dream in here.”

The group headed for a plot just south of the cottage. A row of Norway maples, a non-native, highly invasive breed that can be found all over the city, stood on the side of the road. The Norways, the gardeners told me, are insidious; they shoot up anywhere their seeds drop and excrete a chemical that suppresses other growth. Via hopes to scrape together funds to have them all removed.

We gathered beneath a towering oak whose leaves were far out of reach. Lawrence peered at them.

“They’re pointed, so it’s a red oak,” she said. “But the leaves are small. So it could be a scarlet oak.” She sat in the grass and opened a guidebook, a sizable, hardback tome. Mercik and James scoured the grass for fallen acorns or leaves.

The tree, despite its imposing size, was dying. Half of its branches were bare, and bark had fallen off in patches. “Oaks are in serious decline because of warming,” Lawrence said. “It’s just too warm for them to survive.”

Mercik found a leaf, and with a bit of reading, they confirmed their initial guess. Lawrence took out a pen and wrote the scarlet oak’s Latin name, *quercus coccinea*, on a long white tag. She nailed the tag to the trunk.

Nearby, another huge oak stretched towards the sky. Its leaves, too, were high above the ground, but Mercik found a fallen branch loaded with dried-out, caramel-colored leaves. They noted their narrow shape and deep, U-shaped lobes. Lawrence opened her book to a set of pin oak drawings. Just like the sample sketches, a twig on their specimen had spots, as well as a pair of forked buds at its tip, like the upturned hoof of a deer. They cross-checked the entry for red oak, just to be sure.

“I’m ready to call it a pin,” said Mercik.

“We’ll call it a pin,” said Lawrence.

“Call it a pin,” echoed James.

Lawrence scrawled with her marker—*quercus palustris*, “swampy oak”—and hammered the label in. **B**

Broad Street Market is a study in contrasts. Signs of hope coexist with signs of neglect. Posters announce “Coming soon: Cornerstone Eatery” at a prime spot in the stone building on N. 3rd Street. A pergola-style booth houses the new, pristine Harvest organic foods stand in the brick building that backs onto N. 6th Street.

But inside the stone building, the space is dim—maybe because so many lights aren’t working. Plywood is tacked over worn doors leading into the brick building.

The Broad Street Market is an old-fashioned market looking for new everything. New roof. New doors. New manager. New customers.

Renewal, say market officials and vendors, is around the corner. Envisioned changes in ownership and management, it is hoped, will restore stability, attract vendors and lure new customers.

Scrutiny of the 150-year-old Broad Street Market has intensified as the farm-to-table movement goes mainstream and Midtown Harrisburg cultivates its artsy identity. The Market once thrived, but recent troubles—two shutdowns for pest violations, manager churn, vendor turnover and vacant stands—have tarnished its reputation.

“It’s one thing for a city resident to say, ‘I don’t go there,’” said Broad Street Market board chairman Jonathan Bowser. “It’s another for them to say, ‘I didn’t know they were still open.’”

Still, the market has its assets and charms.

“I’ve seen a lot of improvement,” said vendor Joy Gillette, of Simply Soup & Beyond Café. “A lot of foot traffic is starting to come back. This market is different. You really have to gain the customer’s trust.”

Some of the turmoil can be attributed to the market’s convoluted ownership and management structure. In short: Historic Harrisburg Association

owns the Market entity. The city of Harrisburg owns and is responsible for maintaining the buildings, at least on the outside. The for-profit Broad Street Market Corp. board oversees operations and internal maintenance. A manager and facilities manager, hired by the board, run daily operations.

Got that?

“It’s like four carts trying to move along and pull things forward,” said Assistant City Solicitor Carlesha Halkias. “You look to the right, you look to the left, and you’re not really sure where the other is. We’ve worked hard the last several months to make sure that communication is flowing. I think that was a barrier before.”

COMING SOON

Anticipated changes could finally untangle the Gordian knot. HHA has removed its authority to amend the Market board’s by-laws and hopes to dissolve its ownership and become “a friend of the market,” said HHA Executive Director John Campbell. The city’s management lease expires at the end of 2013, and Halkias and Bowser say they’re working together on refinements that clarify responsibilities.

“We still want to have a very strong relationship and partnership with the city but a little more flexibility to manage the way we see best,” said Bowser. For instance, the ability to access funds more quickly would streamline daily operations, he said.

After the contract is finalized—Halkias said the mayor “has not advised me yet” on timing—the board expects an “internal conversation of what we want to look like as an organization,” said Bowser. One strong possibility is restructuring as a nonprofit or community development corporation, capable of seeking federal, state and local grants directly, without having to partner with the city.

Financially, the Broad Street Market earns just enough to pay the bills for its annual \$350,000 budget, said Bowser and Campbell. But the market owes NRG an unspecified amount—Bowser said the details are confidential—for past steam bills that, due to an undetected leak, soared as high as \$20,000 a month. Today, a gas system,

MARKET IN THE MIDDLE

Riddled with bureaucracy, Broad Street Market strives to move forward.

BY M. DIANE MCCORMICK

funded by state grants, heats the buildings.

About \$220,000 in grant money has been accumulated toward a “cooling mechanism” to remove hot air from the buildings, and Halkias said the city is consulting with contractors to determine the scope of a cooling project.

VENDOR ENERGY

Bowser hopes that board transparency and stronger communications will improve vendor relations, and consistent enforcement of rules and regulations should simplify the manager’s job. Board member Amy Hill sees social media as a “gigantic untapped opportunity” to replicate, in electronic-age style, the word of mouth that once brought customers to the stands.

“It’s still that same sense of community that kept this market alive for 150 years,” she said.

Matthew Hickey co-owns the new Harvest organic foods stand. His co-owner, Joshua Kesler, is developing Stokes Millworks, located just across Verbeke Street, into a farm-to-fork restaurant.

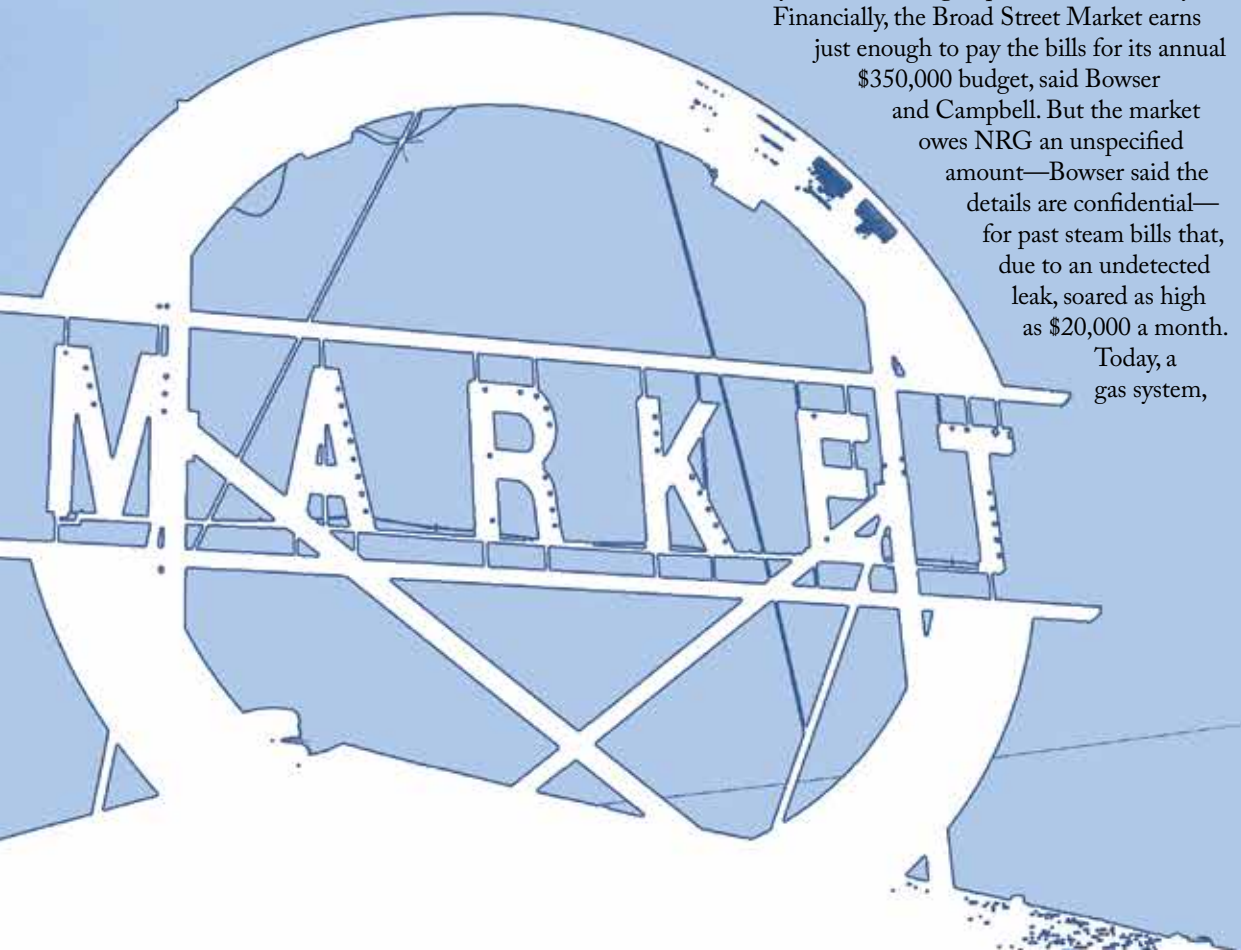
“We know that there’s great potential in the Market, and we know there’s a need for good, healthy fresh food in the city,” Hickey said amid tidy displays of just-picked peaches and tomatoes. “It seems like there’s energy happening within the board, and everyone involved is very progressive. We all have the same vision.”

Vendor Leon Glick, of Two Brothers BBQ, racked up pans heavy with marinated beef and then meticulously cleaned the stainless steel counter while explaining that he invested in stand upgrades to be “courthouse compatible” for the day when a federal courthouse is built at N. 6th and Reily streets.

Some vendors don’t think appearances matter, Glick said, but “just because we have low- to middle-income customers, that doesn’t mean we have to look low class.” Besides, he said, the Market is attracting “a totally different, new clientele here. More people means more business.”

Glick and other vendors have bought joint advertisements, but the market “has not spent anywhere close enough of our rent dollars on advertising,” he said. The motorists zooming past must be convinced to stop.

“I think we’re going to have to spend a lot of money to make money,” Glick said. **B**



From prints to pixels, photography has changed greatly since 1933, an evolution reflected in the eight-decade history of the Harrisburg Camera Club.

“The club has morphed a lot,” said Camp Hill resident and group president R. Andrew Hoff. “At one time, it was all darkroom people. Then it evolved into a projector slide club, which focused predominantly on travel. Now, it is all over the map—architectural, abstract, street photography, black and white and creative,” said Hoff.

The group is comprised of non-professionals still learning the hobby and professional photographers eager to share their tips. Some have been published in local, regional and national magazines, and others have taken top awards in various contests around the country.

Hoff’s interest in photography began years ago in the mid-1980s. “One of my friends owned a photo studio and told me I needed to improve my photography skills,” he said. That was the impetus to propel Hoff past the “point and shoot” mode, eventually leading him to serve as an officer of the club.

Camera Club Vice President Randal Lathrop harkens back to childhood to explain how he developed an interest in the hobby. The Carlisle resident said, “I’ve been taking pictures since I was a kid. When I was growing up in the ‘60s, my father was stationed in Germany, and I bought a Kodak Brownie camera at a flea market for a nickel. When we transferred to Hawaii, I took some black and white developing classes.”

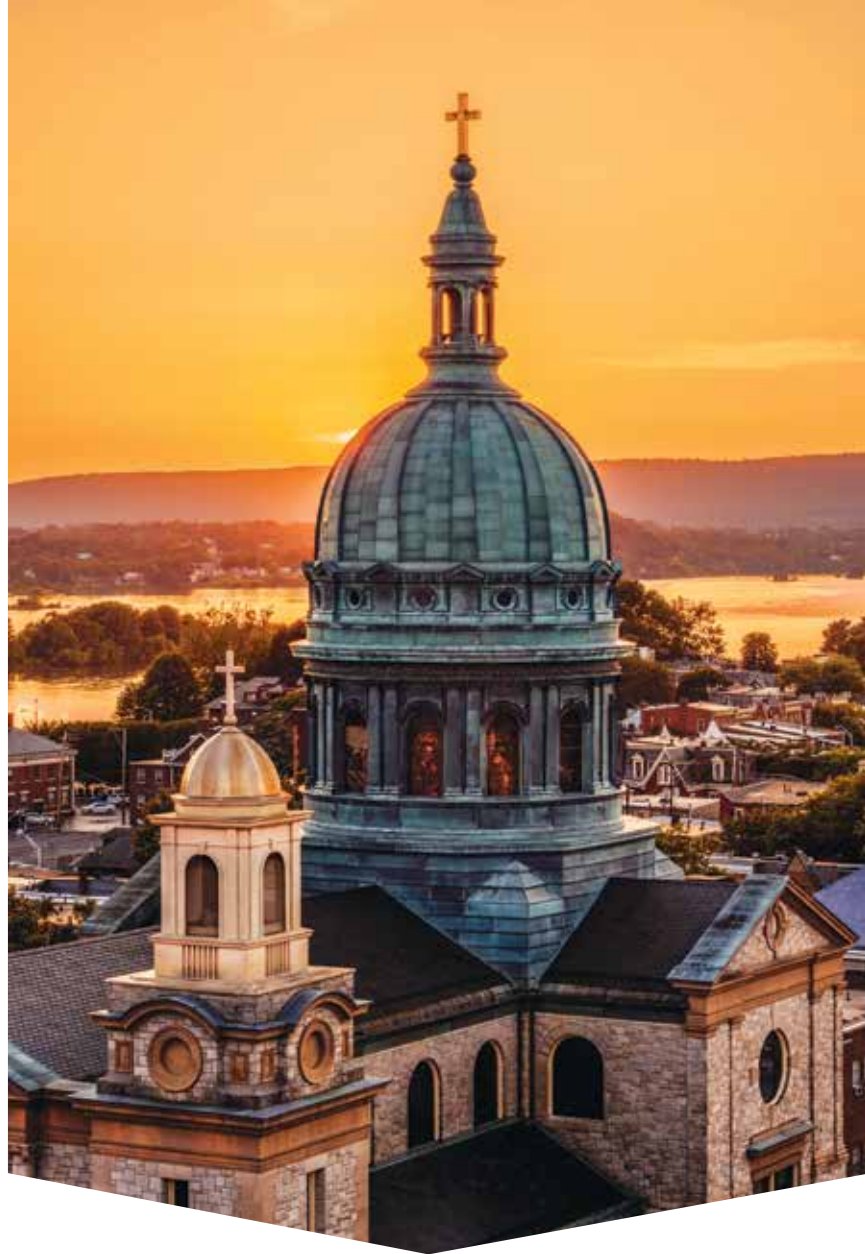
Lathrop put photography on hold to attend college and the military, only to pick it back up years later. “I learned about the club when I was browsing for accessories at Carlisle Camera and saw a meeting advertised. I joined that night back in 2007 and have been a member ever since,” he said.

The club has enjoyed steady growth through the years and now boasts about 100 members who meet twice a month from September through April at the Giant Community Room in Camp Hill. During the meetings, attendees are encouraged to enter competitions and submit their best photos to be critiqued—a process that appeals to both new and seasoned photographers alike, according to Hoff.

“We lay them out on the table and form an opinion on them, explaining what makes a photo good and what would make it better,” he said.

Cathy Marone, who has been a member for two years, travels to the meetings from Lewisberry.

“My husband Tom pushed me into it after I purchased my first digital camera,” she said. “He told me I needed to learn to take it off automatic and adjust my speed, exposure and aperture.”



KEEPING FOCUS

For 80 years, the Harrisburg Camera Club has stayed up with developments.

BY STEPHANIE KALINA-METZGER

More recently, the club provided photography services for Special Olympics, sending six photographers to Messiah College to photograph the athletes in sporting events.

So, if terms like aperture and F-stop freeze you in your tracks, you might be a good candidate for the Harrisburg Camera Club. “We encourage people to attend free to try us out and see if they want to join,” said Hoff.

Club member Marone said she learns a lot at the meetings. “My husband Tom and I enjoy the people, and they are very eager to share their knowledge,” she said. “My goal is just to make everyone a better photographer—period,” said Hoff. **E**

Marone was a bit hesitant to compete the first year, but decided to take the plunge and enter some of her photos the second year. To her surprise, she won third place—a bronze coin—in two of the print competitions, with a picture of an amaryllis and a zebra.

Karen Commings said that entering the digital competitions was a big help in improving her photography. The Linglestown resident, who has been a member for three years, said, “The judges offer useful critiques of your photos; my photography has improved, and I’m having fun doing it.”

In addition to the regular meetings and the competitions that are held throughout the year, the group hosts an annual workshop at Central Penn College. According to Hoff, the one-day event features speakers like Tony Sweet and John Barclay, both Nikon legends, and Ed Heaton, a Tamron professional. “We bring in the highest-level speakers we can afford, and it’s been well received, with participants coming from as far as West Virginia and Philadelphia,” said Hoff.

The club also plans field trips, which are popular. Excursions include a Knoebels Grove outing, a visit to the Strasburg Railroad Museum and a Wildwood Park trip, where seasoned members mentor those who request guidance.

As part of its public outreach, the club has supported a program called “Photography for Kids.”

“Canon supplied the equipment, and we conducted two one-week camps. Our booth at Artsfest showcased the children’s work, and we conducted a raffle to raise funds, splitting the proceeds between the club and the program,” said Hoff.

To learn more about the Harrisburg Camera Club, visit harrisburgcameraclub.com. Photo by Randal Lathrop.



A CARING, SHARING PLACE

Highmark Caring Place marks a decade of helping grieving children.

BY DANIEL SMYTH

Terri Bowling, child grief specialist, tells a story of a macho football captain playing a heated game of air hockey with a 4-year-old girl.

“Both were having fun,” she said. “All the children are going through the same things; no one is the odd one out.”

Bowling serves as outreach and education coordinator for Caring Place, a safe space where grieving children and families come together to form a support group for one another. It is kids helping kids. The Caring Place is an essential resource and has been offering free support services for the Harrisburg community for a decade now, this year marking its 10-year anniversary.

The Harrisburg location is one of four Caring Place centers, all located in Pennsylvania. The initial Caring Place began in 1988 in downtown Pittsburgh, “giving grieving children a place to go,” explained John Kajic, child grief specialist and manager of Caring Place.

Within Caring Place, each child’s experience is created by his or her effort and participation. The program is designed in group sessions spanning about five months. These groups are made up of children and families who eventually become the foundation of peer support for each other. There is no guiding curriculum, only that each group forms its own goals and guidelines, recalling the exception paradox,

“the only rule is no rules.”

One teen who had gone through the Caring Place program after a loss of her brother and father described the process.

“If you don’t want to say anything, don’t say anything. If you want to listen to music, listen to music. We talk about it sometimes, and other times we put it aside and we just talk about what’s going on in our lives.”

Each peer support group functions differently, but all are consistent with the idea of a communal bond, a safe place for one another. “How we define a family is how they define themselves,” explained Kajic, who manages four other staff members and roughly 180 volunteers.

“The success of the group is where they can feel safe with each other,” said 10-year volunteer Tony Lobato. “A lot of time folks tiptoe around them. Within their groups, there is the opportunity where they are not the only ones going through this.”

Lobato continued to explain the therapeutic process of simply sharing experiences.

“I’ll say to the kids, this is after they are comfortable sharing and everything else, I’ll say, ‘How many hear a special song or a special something and tears come to your eyes because you remember?’ Their hands go up. They’ll say, ‘Mom loved this.’ ‘Dad liked to have a beer and watch Jeopardy.’ It gives them some outlet. Sometimes, you can see the calm come

over them because they’re sharing.”

The group sessions include various activities created to aid in the grieving process. An example is the specially designated activities room with air hockey tables decorated with group quilts along the walls. The quilts are a part of a therapeutic remembrance activity where the child or family celebrates the life of a deceased loved one on a square piece of fabric, which is then compiled into a large quilt.

“IT GIVES THEM SOMETHING TO COME TOGETHER... IT’S SO PERSONALIZED AND MAKES IT SO SPECIAL.”

Lobato explained the quilt-making. “It gives them something to come together...it’s so personalized and makes it so special.” Once the quilt-making process is finished, there is a ceremony, a celebration of the past, presenting the group’s finished quilt.

“It’s a beautiful ceremony where they unveil it, and they bring their families... it’s very impressive,” said Lobato.

At the conclusion of the five-month cycle, the names of each group member

are added to the Tree of Growth. Each name is on a single leaf, and the leaves are organized in bunches representing each individual group. The names make up a full lush tree of leaves with the names of everyone who has gone through the program.

Lobato explained, “In the very last session, after everything’s done, we tell the kids their names are up on the Tree of Growth. They love it.”

This constant support is impossible without the work of the roughly 180 volunteers. They are the heart of the community resource.

“As long as there is a child affected by death, there is a volunteer to tend to them,” said Kajic.

“We are facilitators,” explained Lobato, a retired accountant. “You just have to care and be sincere. I truly care about these kids.” **B**

To learn how to volunteer at Caring Place, contact Val Fletcher, volunteer coordinator, at valerie.fletcher@highmark.com. To become a volunteer, no special experience is required, only the care and willingness to support grieving children and families. If you or a family member is seeking support after the death of a loved one, stop by the Caring Place, 3 Walnut St., Lemoyne, and find support and shared experiences.

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- 9/12 - The Heavy Pets
- 9/13 - Kilmaine Saints
- 9/18 - Woody Pines
- 9/19 - Turkuaz
- 9/20 - Adam Ezra
- 9/21 - The Dirty Sweet
- 9/23 - Pokey LaFarge
- 9/25 - Cutthroat Shamrock
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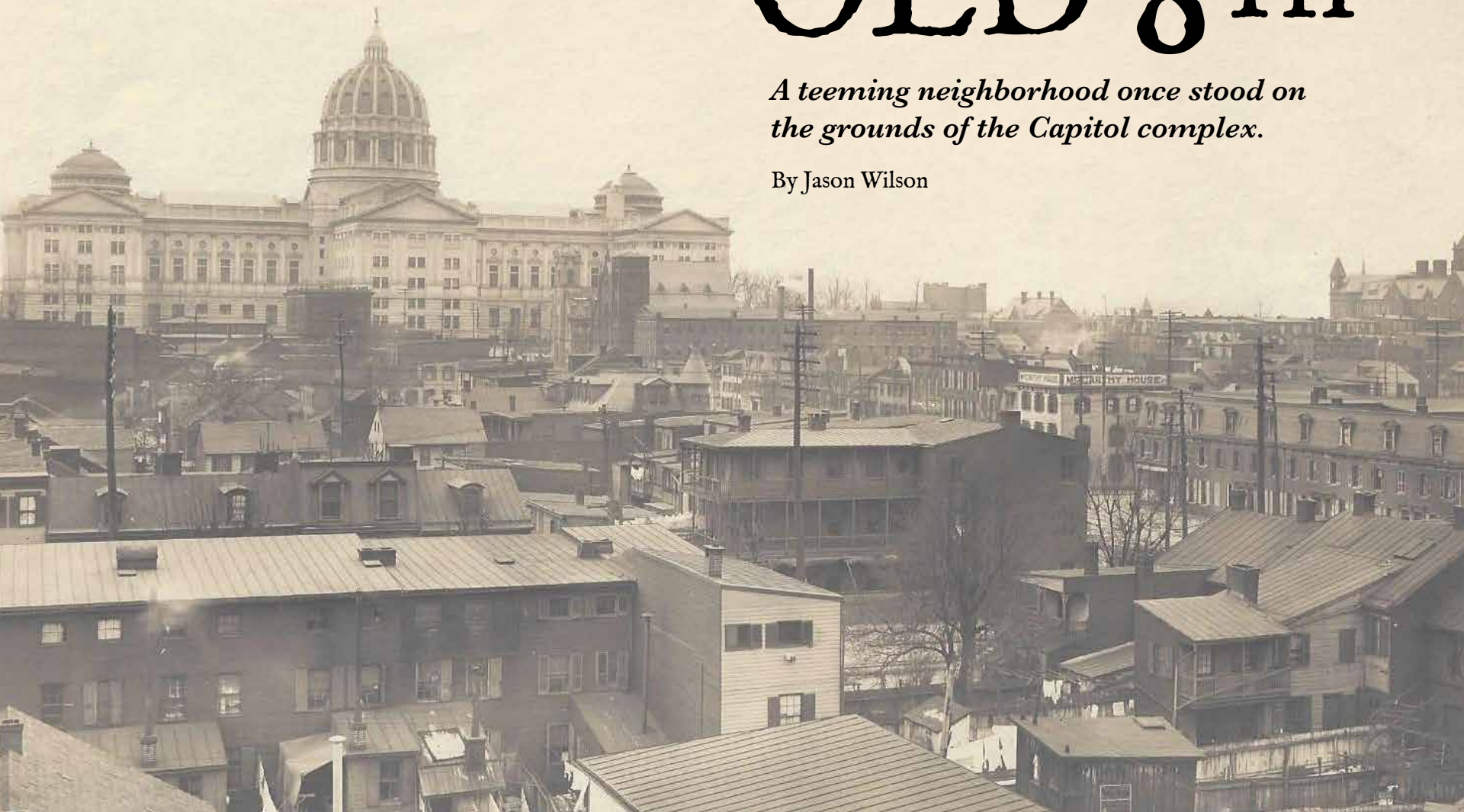


Located at 223 Walnut St., Harrisburg, PA 17101 on the street level of the Walnut Street Garage in Downtown Harrisburg

OUT WITH THE OLD 8TH

A teeming neighborhood once stood on the grounds of the Capitol complex.

By Jason Wilson



The Pennsylvania Capitol complex occupies approximately 45 acres of ground, mainly to the south and east of the main Capitol building. The sheer size of the buildings and scope of the plan took almost three-quarters of a century to fully develop, but, prior to 1917, the area east of the Capitol was Harrisburg's 8th Ward, a densely populated neighborhood.

During the course of the later 19th century, the 8th Ward had gained a reputation as one of the "seedier" areas of Harrisburg, full of saloons, gambling dens and houses of prostitution.

But the crowded, narrow alleys and maze of streets also housed thousands of people and many businesses, including the State Street Market and numerous hotels, shops, churches, synagogues and small manufacturers. The neighborhood was largely poor, a multi-ethnic population that became increasingly African American over time.

After the Capitol's completion in 1906, the "Old 8th" looked to some civic-minded residents even more squalid by comparison.



So, in 1911, the commonwealth and the city came to an agreement in which the state would gradually buy up the houses, stores, churches and properties within the 8th ward and raze them to make room for future government buildings. This, it was argued, would serve both Harrisburg in eliminating a vast portion of outdated, often cramped tenements, while allowing architect Arnold W. Brunner to develop an overall plan for a campus of state buildings. By 1917, most of the buying and demolition were complete and, aside from a few homes and churches, barren lots and weeds were all that remained of the “Old 8th”.

The South Office Building was built first in the early 1920s, along with four barrack-like temporary buildings for other state agencies. The North Office Building was completed in 1929, the Forum (or Education Building) in 1931 and the Finance Building in 1940. The Soldiers’ and Sailors’ Memorial Bridge was planned in honor of all Pennsylvania’s veterans in 1919, but was not completed until 1930.

Arnold Brunner passed away in 1925, well before most of the complex buildings were even begun, and William Gehron and Sydney Ross completed his design. In the 1930s, Fisher Plaza and Soldiers’ and Sailors’ Grove were laid out, but the final piece of Brunner’s plan came in the mid-1980s, when a large, open parking lot was replaced with the Capitol’s East Wing.

The Capitol complex is one of the largest and most successful campaigns of governmental civic building in the United States and a National Historic Landmark, but the history and photographs of the 8th Ward are equally as important—a view of what is lost, for better or worse, in favor of progress. **B**



Jason Wilson is a historian for the Capitol Preservation Committee.

The lighter photographs show the dense neighborhood shortly before its destruction, with the Capitol dome looming over it. The darker shots depict the “Old 8th” after most of it had been razed to make way for the expansion of the Capitol complex.

Photos supplied by the Harrisburg Historic Association. www.historicharrisburg.com

MODERNISM, MODERNIZED

*Executive House zips ahead
after major renovation.*

BY TREVOR PIERCE

Downtown Harrisburg has numerous architectural styles: from federal to Victorian to art deco and more.

Like in most cities, modernism began to take root after World War II, and today, it may be best expressed by Executive House, a 14-story high rise at S. 2nd and Chestnut streets.

But even “modernist” buildings age and change. So, for more than a year, Executive House has undergone perhaps its most extensive update since its construction as a mixed-use building in 1967.

“Executive House was one of the top buildings in the city when it was built,” said Regional Leasing Director Isaac Naon. “The way it was structured, the top floors were residential, and the first three floors were used as commercial space by the government. Within the past year and a half, the commercial space was vacated, and we decided to convert those floors into apartments.”

Designs for the new apartments utilize every inch of the former office space, now renamed the Executive Floors.

“We wanted a modern city look like you would find in New York,” explained Construction Superintendent Brad Zimmerman.

The Executive Floors have three different types of apartments: lofts that are a single open space, one-bedrooms and two-bedrooms. Each apartment has a different layout to make the most out of the available space.

“Executive House is truly a city building, for anyone who is used to living in the middle of everything,” added Naon.

Renovations to Executive House began in February 2012 with the complete demolition of the first three floors.

“It has been a really intense process where we’re re-doing everything,” said Naon. “When someone moves in, they’re not getting an apartment which has been touched up. This is real, top-to-bottom renovation.”

In fact, the rooms’ height is the only feature maintained from their original design, with 10-foot ceilings and 6-foot windows providing open, light-filled environments.

The apartments’ interiors are completely new. Kitchens feature porcelain-tiled floors, granite countertops and stainless steel EnergyStar appliances, while bedrooms are carpeted wall-to-wall, with granite windowsills and spacious closets.

“We tore the floors out, the heating and cooling units, all the windows, all the doors—everything,”



said Zimmerman. “Everything has been removed and replaced with new, modern equipment.”

The renovations also extended to Executive House’s communal areas, including a business center, gym and lounge, as well as upgrades to the building’s entrance. These are the most dramatic changes to the building during the two-decade service of Ann-Marie Ramsey, the building’s property manager.

“The main lobby looks like a hotel now, with fireplaces, a fountain and designer furnishings, so visitors receive a high-end experience from the moment they walk in the building,” said Naon.

A second private entrance has been installed in the back of the building, exclusively serving the Executive Floors. Residents also have discounted access to Executive House’s five-story indoor parking lot, as well as in-house storage options.

“People coming to us are not finding anything similar,” said Naon. “Executive House offers apartments

that have unseen, unmatched quality for the area.”

Executive House’s transformation of commercial property into a modern living space highlights the ongoing revitalization of downtown Harrisburg as a desirable location to live as well as work, said Naon.

“In the past few years, downtown and 2nd Street have definitely improved and keep getting better,” he said. “Our building is well-suited for professionals who need close proximity to work, the stores, the restaurants, the bars and the entire city life experience, all while living in a safe, nice, new environment.” **B**

Executive House is at 101 S. 2nd St., Harrisburg. Loft, 1-bedroom and 2-bedroom apartments are available for rent, with the final phase of apartments opening within the year. Prospective residents can speak with a leasing agent seven days a week, 9 a.m. to 7 p.m., by calling 717-347-4949. Find more at ExecutiveHouseHBG.com.



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FOR ADULTS ONLY

*It's grown-up time
at PM Bistro.*

BY THEBURG STAFF



Not every new restaurant starts with a wedding. But that's what happened recently at PM Bistro & Lounge, which debuted in July amid the nuptials of two of its owners. Elijah Q. Massey and Monica Archie declared, "I do," then celebrated their union at the former Parkside Café at the edge of Reservoir Park on State Street in Harrisburg.

The grand opening/reception brought an overflow crowd, said Massey, with the Urban Guerilla Orchestra performing.

How did they manage to pull it all off?

Apparently without a hitch (save for the vow exchange) since everyone was still smiling days later. Massey goes on to say that he and Archie set out to find a place to purchase more than a year ago. Once they settled on the location and took a look at the inside, he was thinking, "easy, simple, paint it up and open."

Archie, however, had other ideas: tear down this wall, add another ...

With a king-sized cowboy hat perched proudly on his head and one of PM's signature drinks in hand, Massey explained that the result of the renovations became a casual, elegant and open space. The color scheme connects to the surrounding environment as the light cream/beige matches the band shell at Reservoir Park.

"So people will think 'PM Bistro' while they're enjoying a concert," said Massey, a recently retired police captain.

Massey and Archie own the spot with Charles Pryor and his wife, Sheila. The four, plus General Manager Keith Smith, all actively participate in daily operations at the bistro.

Massey also mentions that, when the Pryors heard of their plan for the old Parkside, they were "eager to come on board and join us in our vision."

The result ended up what you might see when southern, urban and city-chic meet and merge.

That means interesting, colorful cocktails, entrees for grown-up tastes (with a down home twist), Sunday brunch, dancing, a salsa night, karaoke and an upcoming cigar dinner series, among many other events.

In addition to being a full service restaurant that offers take-out, PM Bistro provides a location for events such as rehearsal dinners, business meetings and parties. The space can accommodate larger parties of 50 or more, but reservations are strongly suggested, said Smith.

Massey said they also provide services for those who might need a cab home or security for ladies who are going to their cars, with Smith adding that the staff is Responsible Alcohol Management Program (RAMP) trained and certified.

Massey finishes Smith's statement with: "The safety of our customers is our number one concern," and, "We want everyone to have fun and arrive home safely."

When Archie finally gets a minute to sit down, she asks if there are any questions left for her as she reaches over to share a piece of warm cornbread that appeared moments before, next to a bowl of freshly made (and downright delicious) cheesy grits.

She asks the question breathlessly, with her signature smile that helped sweep Massey off his feet and led him to ask her for a date the day they ran into each other in Costco.

Massey then disappeared somewhere into the restaurant. But, just before, he tipped his hat and said: "Good food plus good people. Cowboy up!" **B**



*PM Bistro & Lounge | 717-236-2181 | 2009 State St.
Hours: 4 p.m. to midnight, daily. Closed on Monday
Reservations suggested, walk-ins welcome. Take-out available*



TASTE THE TORCH

Torchbearer Sauces spread the hot, the mild through the midstate & beyond.

BY STEPHANIE KALINA-METZGER

It all started with the “spicy dinners,” said David “Vid” Lynch, owner of Torchbearer Sauces.

“A few of my friends and I used to host parties in college, and we’d cook spicy foods and people really liked it,” he said.

Spurred on by the popularity of the get-togethers, Vid and his friends took a road trip to Texas to stock up on habaneros. The ambitious bunch came back to Harrisburg with more than 600 pounds of the peppers; then they commenced to chop and freeze. After exhausting that supply, the students decided to grow their own.

Eventually the dinners ended, but the habanero harvest continued unabated.

“We didn’t want them to go to waste, so we made the Sultry sauce as a way to preserve them,” said Lynch, referring to his first foray into the hot sauce business.

Friends loved it. So, bolstered by that feedback, Lynch and his partners, Ben Smith and Tim Wortman, decided to test it out on the general public. “We knew we’d need to have a bit of a product line to begin marketing, so we started out with six varieties,” he said.

Lynch enlisted the help of friend Rich Hauck, owner of Hauck Interactive in Harrisburg, to create colorful, eye-popping label graphics to help them stand out among the competition. Pretty soon, the product took off.

“For the first four years, we outsourced the packing and production, then we started making it ourselves and people liked it better, even though it was the same product. Since then, sales have grown 10-fold,” said Lynch.

Today, the company employs five full-time and 20 part-time workers. Lynch’s parents, Tom and Tricia, are co-owners and also lend a hand turning out more than 20 varieties of Torchbearer Sauces.

The products are marketed at more than 100 festivals, 27 farmers markets and 200 stores around the country, including Wegmans, where the Torchbearer crew will be offering samples in upcoming weeks. Customers who have the temerity to taste the sauces with colorful names like *Zombie Apocalypse*, *Ultimate Annihilation* and *The Rapture*, should come prepared with liquid refreshment, especially those who are brave enough to try *The Rapture*, which contains two types of Scorpion pepper.



Vid Lynch and Tom Lynch

“Scorpion peppers are the hottest in the world, so I stick to *The Zombie Apocalypse* myself,” he said, referring to the sauce containing ghost chilies, which are mild in comparison. “Rapture is just evil,” he added.

But it’s not all hot and spicy in the Torchbearer world. Barbecue sauces, honey mustard and garlic sauces account for two-thirds of the company’s sales. “The *Honey Barbecue* on wings and ribs is awesome, and the *Carolina Barbecue* won an award for best salad dressing in a competition in Texas. It’s great on pulled pork,” said Lynch.

Brandon Sarzynski, a Mechanicsburg resident who has been a fan for years, said *Honey Barbecue* is his current favorite. “I use it on everything from burgers to mac and cheese. My fall favorite is the *Mango Papaya*. It goes great on pumpkin pie and ice cream paired with a nice pumpkin ale,” he said.

The current bestseller, however, is a flavor bomb called “*Oh My Garlic*,” according to Lynch. “People put it on salads, subs, pizza—we haven’t found much it doesn’t work on,” he said.

Later in the year, Torchbearer Sauces will be rolling out six new flavors, including a horseradish sauce, just in time for the holidays, according to Lynch.

The company has faced and overcome challenges throughout the years, most recently adapting to a surge in growth. “We sold about 50,000 bottles last year, and we’re projecting sales of about 90,000 this year, so we’re tweaking efficiency to improve production,” said Lynch, who foresees the company needing more warehouse space in a few years.

“It will have to evolve, no question. We’re approaching the point where we’re going to have to do something different, that’s for sure,” he said.

And that sounds like a tasty problem to have. **E**

To learn more about Torchbearer Sauces, visit www.torchbearersauces.com

THE BURG LATINO HA LLEGADO!!!

(Welcome to TheBurg Latino!)

To honor National Hispanic Heritage Month, TheBurg is excited to announce TheBurg Latino, a supplement to our flagship community newspaper. TheBurg Latino will feature interesting, high-quality content in Spanish that is relevant to central Pennsylvania's rapidly growing Hispanic community. The articles will educate, enrich and provide useful information for the Latino population in our area.

To assist us, we have partnered with The Latino Connection, which helps connect businesses of all sizes, allowing them to grow and expand into the area's multicultural and bilingual (Spanish speaking) communities.

Pennsylvania's Latino population is the fastest-growing ethnic group in the commonwealth. According to 2010 census data, the state's Latino population grew by 82.6 percent between 2000 and 2010. Latinos now account for 5.7 percent of the state's total population.

LO MEJOR DE LO MEJOR

This month, TheBurg Latino & The Latino Connection proudly introduce "Lo Mejor de lo Mejor"—The Best of the Best!

Through Mejor de lo Mejor, we honor companies and local businesses that are making strides in diversity and inclusion for the Latino community. This community is underserved in many ways. For instance, basic nutrition information at a grocery store or vital medical news may not be available in Spanish.

During Hispanic Heritage Month, we recognize the companies below for their hard work and for going above and beyond to serve our Latino neighbors.

En honor del Mes Nacional de la Herencia Hispana, TheBurg se complace en anunciar TheBurg Latino, un nuevo suplemento a nuestro periódico comunitario insignia.

TheBurg Latino contará con contenido interesante y de alta calidad en español que es relevante para el rápido crecimiento de la comunidad hispana del centro de Pensylvania. Los artículos van a educar, enriquecer y proporcionar información útil para la población latina en nuestra área.

Para ayudarnos con esta nueva aventura, nos hemos asociado con "The Latino Connection", cual ayuda a las empresas de todos los tamaños con recursos y herramientas los cuales ayudan a estas empresas crecer y expandirse en comunidades multiculturales y bilingües de la zona española.

La población latina de Pennsylvania es el grupo étnico de mayor crecimiento de nuestro estado. Según los datos del censo 2010, la población latina del estado creció un 82.6 por ciento entre 2000 y 2010. Los latinos representan actualmente el 5.7 por ciento de la población total del estado.

LO MEJOR DE LO MEJOR

Este mes, TheBurg Latino y Latino Connection con mucho orgullo introducen "Lo Mejor de lo Mejor"—The Best of the Best! Mediante Mejor de lo Mejor, vamos a celebrar con las empresas locales y las empresas que están haciendo progresos en la diversidad y la inclusión de la comunidad latina. Esta comunidad esta desatendida en muchos aspectos. Por ejemplo, la información básica sobre nutrición en una tienda de comestibles o noticias médicas vitales a veces no estan disponible en español

Durante el Mes de la Celebracion Hispana, reconoceremos las empresas a continuación por su duro trabajo y por ir más allá de servir a nuestros vecinos latinos.



*Lo Mejor de lo mejor premios seran presentados en la fiesta Latina del Centro Hispano Latino Americano de Harrisburg. Acompañenos Septiembre 14, 2013-12 PM.
The Best of the Best Awards will be presented at the Latino Hispanic American Community Center in Harrisburg on September 14, 2013 -12 PM.*

Each year, Americans observe National Hispanic Heritage Month from Sept. 15 to Oct. 15 by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

TheBurg always seeks ways to better serve our community in the greater Harrisburg area. We believe TheBurg Latino will help us makes strides in this important part of our mission.

About The Latino Connection: The Latino Connection is a multimedia consulting firm in central Pennsylvania connecting businesses and community, one piece at a time. It was co-founded by George Fernandez, a native of the Dominican Republic and a board member of Family Health Council of Central PA (FHCCP) and Alder Health Services. Fernandez also serves on committees for the Governors Advisory Commission on Latino Affairs, the Harrisburg Latino Hispanic American Community Center and Harrisburg Young Professionals. More information is available at www.thelatinconnection.net.

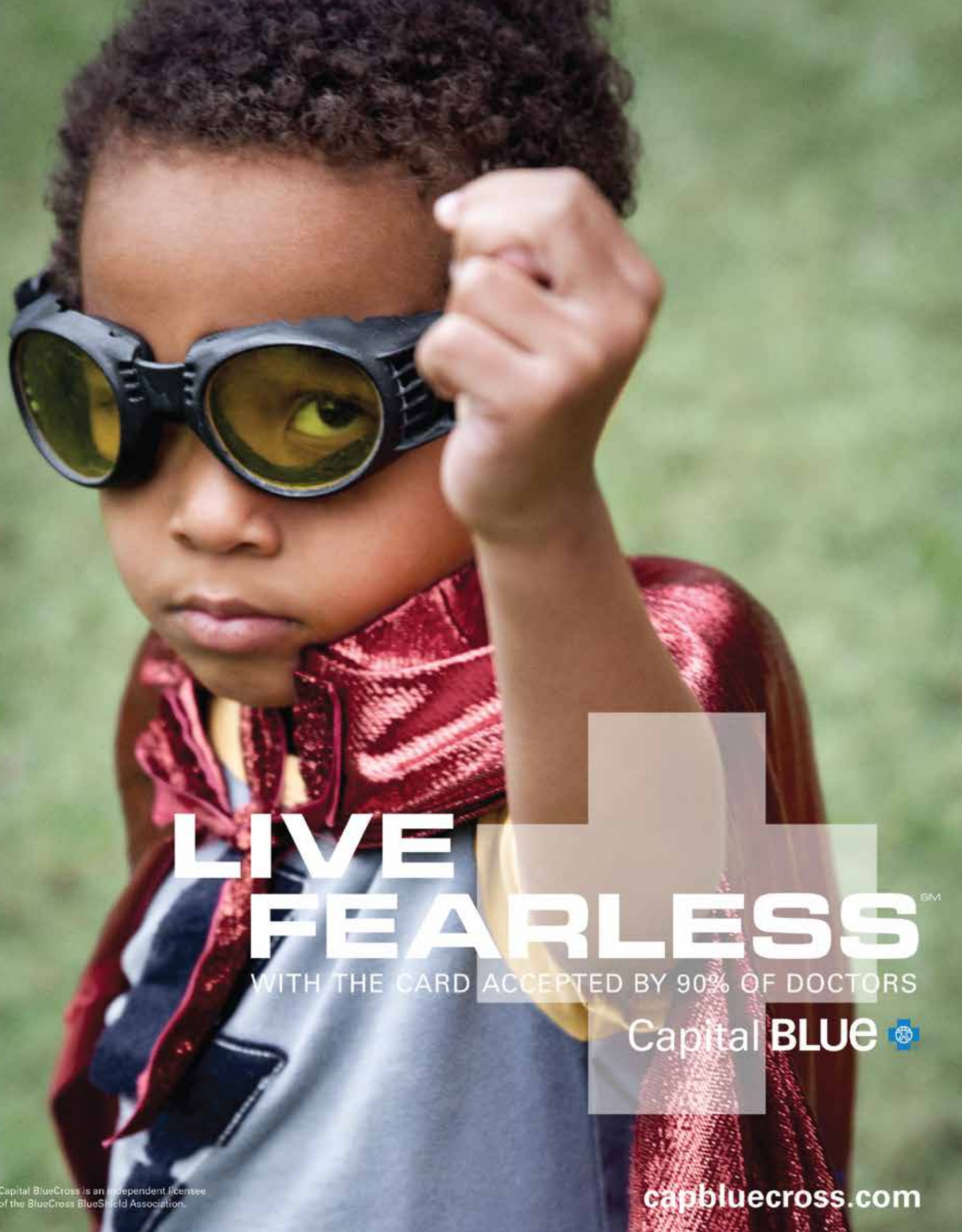
See TheBurgNews.com and TheLatinoConnection.net for articles in English.

Cada año, los estadounidenses observan el Mes Nacional de la Herencia Hispana del 15 Septiembre-15 Octubre con la celebración de las historias, las culturas y las contribuciones de los ciudadanos estadounidenses cuyos antepasados vinieron de España, México, el Caribe, América Central y del Sur.

TheBurg siempre busca maneras de servirles mejor a nuestra comunidad en el área de Harrisburg. Creemos que TheBurg Latino nos ayudará hacer progresos en esta parte importante de nuestra misión.

Aprenda Mas sobre Latino Connection: Latino Connection es una firma de consultoría multimedia en el Centro de Pennsylvania ayudando a conectar las empresas y la comunidad, con una pieza de rompecabezas a la vez. Fue co-fundada por George Fernández, natural de la República Dominicana y miembro de pizarra de directores de Family Health Council del Centro de Pennsylvania (FHCCP) y Alder Health Services. Fernández también es miembro de la Comision de Latinos del Gobernador de Pennsylvania, el Latino Hispano American Community Center Harrisburg y Harrisburg Young Professionals. Más información está disponible en www.thelatinconnection.net.

Vea TheBurgNews.com y TheLatinoConnection.net para articulos en Ingles.



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SUR DE LA FRONTERA (HARRISBURG)

Auténtica comida mexicana auténtica – es sólo un corto viaje de distancia; Herby's.

BY LAWRENCE BINDA



En ocasiones, las cosas buenas pueden venir de una gran tragedia.

Incluso cosas grandes.

Hace un cuarto de siglo, María Marroquín perdió a su marido, que murió repentinamente.

Por pura necesidad, comenzó una pequeña tienda de comestibles en Steelton especializado en la comida de su natal México. De esta forma, razonó, podría mantener a sus tres hijos pequeños, a la vez que cuidar de ellos cuando estaban fuera de la escuela.

Así, dejó su trabajo como cocinera de Marriott Corp. y abrió Herby's, que ha crecido hasta convertirse en uno de los destinos favoritos de la zona de Harrisburg de la auténtica cocina mexicana.

“La gente me pregunta, ‘¿Por qué te llaman Herby's?’”, Dijo Marroquín. “Elegí Herby de porque era el nombre de mi marido.”

Mucho ha cambiado desde la primera vez abastecido los estantes con bolsas de

tortillas y latas de frijoles negros en su pequeña tienda en la calle Front.

De hecho, Marroquín nunca tuvo la intención de servir alimentos preparados en absoluto, pero sus clientes, deleitándose con el olor de los platos que se preparaba para su familia, pidió un gusto. Entonces ellos querían tomar un hogar. Entonces ellos querían sentarse allí y comer.

“Yo estaba cocinando para los niños, y la gente entró y dijo, ‘Hey, ¿qué estás haciendo?’”, dijo. “Así es como se me ocurrió la idea.”

Casi por accidente, un restaurante nació.

Pronto, Herby's había superado su espacio reducido con unas pocas mesas en la parte trasera de su tienda. Así, en 1995, Marroquín se trasladó a la colina, comprando un viejo bar y parrilla en Bressler, un pueblo encrucijada ahora parte de Swatara Township.

Después de una renovación total, nació, Herby El Mexicano.

Al principio, frondoso, Bressler residencial puede parecer un lugar

inusual para un restaurante mexicano, y, acercándose al lugar, llama la atención el signo y el exterior, con atrevimiento, diseñados coloridos de estilo mexicano.

La decoración interior continúa con el tema, el transporte de los comensales a otra tierra, y luego está la comida.

Herby es comida auténtica mexicana, que la diferencia de las muchas franquicias de Tex-Mex que se han extendido como langostas en centros comerciales suburbanos.

Marroquín está ahí todos los días, todo el día, supervisando cada operación y plato. Es el lugar donde come y la gran comunidad latina del área, cada vez más buscado por personas que piden más sofisticados sabores auténticos.

Sí, Herby's tiene lo que se podría esperar de un restaurante de comida mexicana: burritos, enchiladas y fajitas, todo hecho desde cero cada día y superior a lo que puede encontrar en otros lugares.

Pero Marroquín insta a sus clientes a probar lo que sus clientes mexicanos

como, platos como el sope (una tortilla gruesa con vegetales salados y coberturas de carne), carnitas (a, lento-asado, plato de cerdo suculentos muy condimentadas), pozole (un año de edad, mexicana maíz y sopa de carne) o incluso tacos hechos al más puro estilo mexicano (tortilla suave, carne, cebolla, cilantro y salsa).

Si usted nunca ha visitado, le recomiendo que comience con un almuerzo buffet de costo bajo costo en Herby's. Allí podrá aprobar una variedad de platos para que usted sepa qué pedir cuando regrese para una cena completa, tal vez más de una margarita o una copa de sangría de primera plataforma.

“Tengo muchos clientes que me dicen, ‘¿Por qué me tomó tanto tiempo para probar algo diferente?’” dijo Marroquín. “Y luego quieren que el mismo plato, una y otra vez.” **B**

*Herby's El Mexicano Restaurant
720 Main St., Harrisburg (Bressler)
717-939-0624*

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LATINO

Business Resource Group



La Estrategia de mercadeo de Hershey incluye varias campañas de publicidad para el mercado hispano de los Estados Unidos. A través de los años, los anuncios se han quedado en las redes hispanas más populares, incluyendo Univision, Telemundo, Telefuturo, Galavision, MTV Tr3s, y mun2.

El segmento de consumidores hispanos en EE.UU. es un importante objetivo de los países emergentes y los vendedores de Hershey se centra en la entrega de publicidad de clase mundial, los medios de comunicación y promociones para conducir nuestras conexiones de marca con los segmentos del mercado hispano.

Elogios de Hershey incluyen el reconocimiento de los 24o Premios Anuales Imagen, un programa de premios que se estableció en 1985 para estimular y reconocer la imagen positiva de los latinos en los medios de comunicación. Hershey fue reconocido por nuestra categoría de "Mejor Publicidad On-Air" para la viñeta del día de Hershey Kisses de las Madre que se transmitió por la cadena Telemundo.

A nivel internacional, Hershey México lanzó una promoción en apoyo de su marca de leche con sabor, con una alianza con los "Angry Birds" - una franquicia popular de videojuegos.

HERSHEY "GANAR CON NUESTRO TALENTO"

En Hershey nos esforzamos por lograr una fuerza laboral que sea representativa de nuestros consumidores globales, mercados y clientes. Queremos entender verdaderamente lo que nuestros consumidores, y ser capaz de razonar con ellos. Para eso, los empleados de grupos de recursos de negocios de Hershey están

estructurados para crear valor a partir de una perspectiva de plena participación de talento.

Nuestros Grupos de Recursos de Negocios Latinos (BRG) están apalancados, ofreciendo diversas perspectivas y experiencias interesantes, soluciones prácticas que ayudan a impulsar el crecimiento empresarial y la innovación.

"Los BRG's de Hershey " son constructores de marcas "para la organización. Ser un empleador de elección requiere Hershey para mostrar al mercado que valoramos la diversidad y la inclusión " dijo Diane Crawford, Gerente Global de Diversidad e Inclusión.

NUESTROS SOCIOS COMUNITARIOS:

Hershey es un firme defensor y patrocinador de la comunidad hispana regional y nacional y de las organizaciones profesionales. Hershey es patrocinador fundador de la organización sin fines de lucro hispana que sirve el área de Harrisburg: Centro Comunitario Hispano Latino (LHACC), tenemos una asociación de mucho tiempo con Estamos Unidos de Pennsylvania , una organización de otorgamiento de becas a estudiantes de secundaria. A nivel regional, Hershey es un fuerte socio y simpatizante de la Gran Cámara de Comercio Hispana de Philadelphia. Este año, Hershey ha establecido una asociación con ALFPA, una organización reconocida a nivel nacional que se centra en el desarrollo y progreso de los profesionales hispanos.

Nuestros socios de la comunidad son una parte clave de nuestra estrategia de divulgación, sino que nos permite desarrollar asociaciones comunitarias de beneficio mutuo.



The Hershey Company
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workforce, our community
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Our employee Business Resource Groups emphasize their value by driving Hershey's 20 year Vision through culturally competent business insights, enhancing the engagement and recruitment of a diverse workforce to create **innovative, market-focused business solutions**

Nuestros Grupos de Recursos Empresariales de empleados enfatizan su valor impulsando la visión de Hershey de 20 años a través de sus perspectivas de negocios culturalmente competentes, promoviendo la participación y el reclutamiento de una fuerza laboral diversa para crear **soluciones de negocios innovadoras orientadas al mercado.**

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La compañía Hershey es un Empleador con Igualdad de Oportunidades. La política de la compañía Hershey es extender las oportunidades a los solicitantes y empleados cualificados en igualdad de condiciones independientemente de la edad, raza, color, sexo, religión, origen nacional, impedimentos físicos, estatus de veterano, orientación sexual o información genética de un individuo, o cualquier otra categoría protegida por las leyes estatales y federales.



Gracias!



Cuando hablamos de diversidad, hablamos de gente

Nuestros empleados, clientes, organizaciones comunitarias, y proveedores son esenciales a lo que somos y como operamos nuestro negocio. Integrando la diversidad y la inclusión en todo lo que hacemos nos ayuda a entender las necesidades de nuestros clientes, y al hacerlo, realmente somos parte de las comunidades que servimos.

GIANT[®]

Cómo la fibra puede ayudar a combatir la diabetes



La diabetes es una enfermedad de por vida en la que su cuerpo no puede usar adecuadamente los alimentos para obtener energía. Las personas con diabetes experimentan altos niveles de azúcar en la sangre. La enfermedad puede ser causada por muy poca insulina (una hormona producida por el páncreas para regular el azúcar en la sangre), la resistencia a la insulina o ambos. La diabetes tipo 2, esta en aumento, especialmente en la infancia.. Esta complicada, pero a menudo manejable, se asocia con mayores tasas de infecciones y hospitalizaciones que por enfermedades no relacionadas y cirugías. También puede afectar a los embarazos, la salud cardiovascular y el diario estilo de vida para usted o su familia.

Para las personas con diabetes, mantener la glucosa en la sangre cerca de lo normal es la mejor manera de evitar o retrasar las complicaciones de la enfermedad. La prevención de estas complicaciones de salud requiere no sólo los medicamentos y una relación continua con su médico, sino también la autogestión del día a día.

La dieta es una parte importante en el control de la diabetes. Pero puede uno realmente disfrutar de lo que come y controlar la diabetes con éxito? Por supuesto, una mejor salud no tiene que ser aburrida!

Rellene Su Consumo con Fibra

La fibra dietética es la parte no digerible de los alimentos de origen vegetal. Los alimentos que contienen fibra incluyen todas las frutas, verduras, granos enteros, nueces y semillas. Son muchos los beneficios de una dieta alta en fibra. Estos beneficios incluyen:

- estabilizar la azúcar de la sangre
- Mejorar el colesterol
- Ayuda a la sensación de saciedad
- Mejorar la presión arterial
- Mejorar la salud digestiva
- Reduce el riesgo de ciertos tipos de cáncer

Buenas fuentes de fibra incluyen:

- Frutas y verduras
- panes, galletas, cereales y pastas hechos con granos enteros, tales como, trigo, centeno, maíz, cebada, avena, arroz integral, bulgur, amaranto, trigo sarraceno y la quinoa
- Los Frijoles tales como los rojos ,, negros, blancos y lima, garbanzos, guisantes, lentejas, hummus
- bocadillos como nueces, semillas, palomitas de maíz, frijoles de soya y soya tostados

Se recomienda que la mayoría de los adultos consuman 25 gramos de fibra dietética cada día. Es importante de ver la información nutricional en la etiqueta de contenido de fibra. Busque alimentos con al menos tres o más gramos de fibra por porción. Asegúrese de beber suficientes líquidos, 6-8 tazas al día.

Ejemplos de menús ricos en fibra

<u>DESAYUNO</u>	<u>GRAMOS DE FIBRA</u>
1/3 taza de cereal Fiber One®	12
1 plátano mediano	3
1 taza de leche	0

<u>ALMUERZO</u>	<u>GRAMOS DE FIBRA</u>
2 rebanadas de pan de trigo integral	4
2 oz de pavo	0
1 cucharadita de mayonesa	0
3 rodajas de tomate	1
1 pera pequeña	3
1 taza de leche	0

<u>CENA</u>	<u>GRAMOS DE FIBRA</u>
4 oz de pescado	0
1 papa mediana al horno	4
1 cucharada de crema agria	0
½ taza de brócoli al vapor	3
¼ melón	2
agua	0

<u>DESAYUNO</u>	<u>GRAMOS DE FIBRA</u>
1 taza de avena cocida	6
¼ taza de pasas	3
1 taza de leche	0

<u>ALMUERZO</u>	<u>GRAMOS DE FIBRA</u>
2 tazas de sopa de lentejas	3
1 rollo de trigo entero	3
1 cucharadita de margarina	0
1 manzana mediana	4
agua	0

<u>CENA</u>	<u>GRAMOS DE FIBRA</u>
4 oz de pechuga de pollo	0
1 taza de maíz	6
½ taza de frijoles verdes	2
1 taza de fresas	3
1 taza de leche	0

PinnacleHealth System fue el primer programa de la diabetes en Pennsylvania y uno de los 20 en todo el país para alcanzar el premio de la Comisión Mixta para su enfermedad específica de certificación de cuidado para la gestión avanzada de la diabetes para pacientes hospitalizados.

A través de las clases de educación, grupos de apoyo y programas dedicados a todas las formas de diabetes, así como los lineamientos establecidos para la administración de insulina, PinnacleHealth es ayudar a los pacientes con diabetes a mejorar su salud.

El equipo de PinnacleHealth de médicos, enfermeras y educadores trabajan juntos para ofrecer programas educativos especializados que abordan áreas como la dieta, ejercicio, control de azúcar en la sangre y la importancia de tomar los medicamentos.

PinnacleHealth también ofrece programas especialmente diseñados para los grupos étnicos únicos, como los afroamericanos, los hispanos y vietnamitas. Los educadores en diabetes desarrollan cultivos específicos de materiales educativos para ayudar a mejorar el cuidado de la diabetes y disminuir las consultas de urgencia y las tasas de ingresos hospitalarios.

Para obtener más información y recursos sobre el control de la diabetes, visite pinnaclehealth.org o llame a la línea telefónica al (717) 231-8900.

¿Podría usted tener diabetes?

A continuación se presentan algunos signos de advertencia comunes:

Sed, Micción excesiva, Fatiga extrema, Visión borrosa, Retraso en la cicatrización de heridas, Infecciones de la piel, Impotencia, Un cambio en el peso.

Si nota alguno de estos síntomas, hable con su médico de familia.

Hispanic Diabetes Support Group



For more information, please call (717) 221-6262.

Come and share your experiences with others who have diabetes and have learned or are learning how to control it.

Venga y comparta sus experiencias con personas que como usted tienen diabetes pero han aprendido o están aprendiendo a controlarla.

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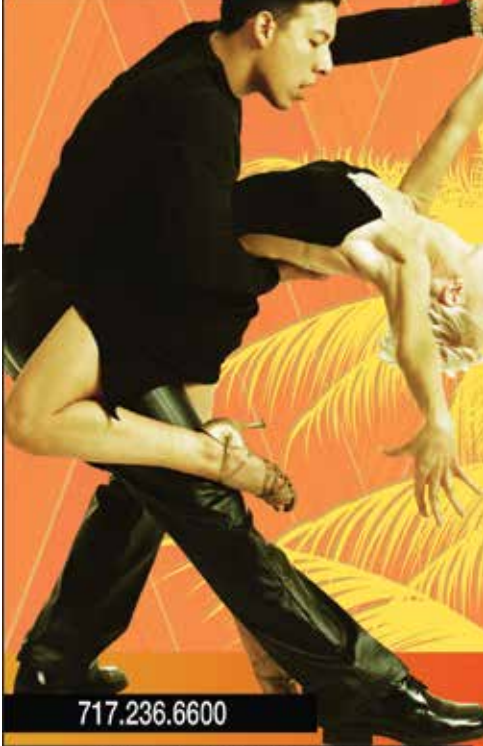


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OPT FOR SQUASH

Choices abound for the versatile zucchini.

BY ROSEMARY RUGGIERI BAER

As I've noted before in this column, I am (or was) a terrible home vegetable gardener. This is not good for someone who's 100 percent Italian. Italians are known for loving to garden and, while I certainly gave it my best shot, I wasn't very successful. The tomatoes got blossom-end rot, my pepper plants were host to swarms of aphids and my arugula went to seed before I could harvest it. So, I have never seen myself taking my last breath in a lush garden of beautiful red tomatoes like Marlon Brando in "The Godfather."

There was one exception: zucchini. Not only did my zucchini bushes produce prolifically but so did those of my dear departed Aunt May and those of our gardening friends. Coming to dinner? Bring some zucchini for the host. And, if the summer season had seen abundant rainfall, the zucchinis grew to the size of baseball bats. (I suppose they still do and I advise you to avoid these if you can.)

Italians love their vegetables (verdure), and they do wonderful things with them. Zucchini, or courgette in Italian, are no exception. They marinate them for the antipasti table, stew and sauté them and stuff them with everything from mashed potatoes to sausage, cheese and breadcrumbs. But most fascinating of all is the Italian custom of stuffing golden zucchini blossoms with ricotta cheese and deep-frying them for a unique first course.

When I shop for zucchini in the summer months, I always look for those that are small and bright green. These young specimens have few seeds, are less fibrous and draw out less water when cooked. One of my favorite zucchini dishes is a casserole that layers thinly sliced zucchini rounds that have been lightly dusted with flour and sautéed. They are layered with halved cherry tomatoes, Parmesan cheese, olive oil, chopped basil and dried breadcrumbs. The casserole is baked until bubbling and served hot or at room temperature. It is a great accompaniment to grilled chicken or steak.

You might not think of zucchini as a topping for pasta, but its rather mild flavor combines so well with many other ingredients for a light warm weather "sauce." A recent dish at Bricco on S. 3rd Street in Harrisburg combined homemade "rope" pasta with small, sliced zucchini, chunks of smoky bacon and lots of olive oil. It was different and delicious.

Spaghetti Carbonara is a familiar and popular Italian pasta dish, but one that is considered quite rich when made with the traditional bacon, eggs and cream. The following recipe, saved from my collection of old Food and Wine magazines, offers a nice twist on an old favorite—and it is easy. The cream is gone, the eggs remain, and zucchini replaces the bacon.

SPAGHETTI CARBONARA WITH ZUCCHINI

- Sauté 2 whole garlic cloves and 5 tablespoons of olive oil in a large, heavy skillet over medium heat. Remove the garlic when golden.
- Cut 1 pound of small to medium-small zucchini into thin rounds. Add the zucchini slices to the oil remaining in the skillet and sauté them until golden brown, about 15 minutes. If the zucchini starts to draw liquid, turn up the heat until it evaporates. (Do not rush this step.) Then remove the skillet from the heat.
- In a large bowl, whisk together 2 large eggs and $\frac{3}{4}$ cup freshly grated Parmesan cheese until well blended.
- Cook 12-16 ounces spaghetti according to package directions and drain.
- Place the cooked pasta in the bowl with the eggs and toss well. (The heat from the pasta will cook the eggs.)
- Add the zucchini and a handful of chopped fresh basil. (Zucchini and basil pair beautifully.)
- Add some salt and pepper if you like and perhaps extra Parmesan, and you are done!

I like to serve a pasta dish like this with a platter of cold, thickly sliced ripe tomatoes drizzled with olive oil and red wine vinegar. Tomatoes and zucchini: there's no more "Italian" than that.

Now, I must be honest. If one of those "baseball bat zucchini" should make its way to your kitchen, you don't need to relegate it to the compost pile. Try grating it for spicy zucchini bread, a filling for omelets or perhaps putting it in minestrone soup. Italians are very good at finding a use for everything, even 3-pound zucchini! **B**



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

WHAT'S A TOMATO PIE?

Hint: It's not a pizza.

BY DANIELLE ROTH



*Pictured left to right:
Karen Fisher,
Cameo Lengeman,
Jessica Ball*

As Lancaster locals, Karen and Chris Fisher always regarded Pennsylvania Dutch dishes as the perfect comfort food. But, inspired by their travels across the United States, they wanted to open a restaurant to experiment outside their comfort zone.

"I'm a creative person. So for me to have to limit it to Pennsylvania Dutch foods would be constraining. I always wanted to have just a little place where I could just have whatever I wanted, no boundaries," said owner Karen Fisher.

The Fisher family saw this dream realized three years ago with the opening of the first Tomato Pie Café in Lititz, and again, in October 2012, with the debut of their Harrisburg location in Swatara Township.

Their dishes bring a bit of worldliness while still staying local. Moving to Florida in her teens opened Fisher's eyes to Southern dishes, including the tomato pie. This pie is not the pizza that New York and New Jersey natives recognize. Her pie is a blend of fresh tomatoes seasoned with herbs and baked into a pie shell with a cheesy topping.

Although she was unaware of other versions of the tomato pie when she named the shop, she has since learned that some varieties are, as she puts it, "not round."

"Does not a pie refer to something that's round?" she asked. "So, I don't think that they should be able to call that tomato pie anymore! I have tomato pie. They do not have tomato pie."

The rest of the café's dishes, however, won't be

mistaken for anything controversial. The artful combinations—like a sweet potato used as a spread with mascarpone cheese on brioche bread or the peanut butter, banana and Nutella panini—are originals with the fingerprint of the creative culinary mind of Fisher. Even the basics, like grilled cheese or the TPC house salad, have a unique style to them.

"I try my best to create dishes that you can't find anywhere else. I take things and add a little twist to it, add a little wow to it, put some more love into it," she said.

The coffee shop half of the café also reflects this creative sentiment. For example, a drink highly recommended by the head barista, the Raw Cap, is a traditional cappuccino topped with honey and raw sugar.

Although the dishes are inspired from traveling, the food is made with only local ingredients, even as local as right outside the door. The outdoor dining area—the tomato patch—has tomatoes, basil, mint, dill and rosemary growing in pots lining the patio, all of which get used in the cooking process. "On nice days, the tomato patch fills up more than the inside," said Fisher.

The atmosphere, inspired by the Lititz location's early 1900s-era building, feels urban and creative. The old building was built during the swing era, which gave Fisher the idea for the staff's uniform of muted colors, a hat and the choice of a bow tie, vest or suspenders.

"My goal is always to seamlessly blend the old

with the new," said Fisher. The furnishings also give a nod to the past, while staying fashionable. The coffee bar is from an old apothecary in Phoenixville, and some wall coverings are reclaimed barn boards from a Lebanon farm.

The Fisher family brought a Lancaster tradition to the Harrisburg area: the barista throwdown. At this event, hosted by the Harrisburg Tomato Pie Café in May, different baristas competed for the title of best barista. "It is just a way to pull all the local coffee shops together," said Fisher.

Barista throwdowns have happened for years with the Lititz shop and its surrounding coffee shops. However, only the Tomato Pie Café's baristas were representing an area coffee shop this time. Fisher looks to change that. "We're going to continue to do it on a regular basis in hopes to accomplish that same thing: just bring coffee shops together," said Fisher. "We're hoping to bring some positive energy to businesses."

The owners had opportunities to move to other locations, but they chose Harrisburg, in part, to join what they hoped was an emerging economic recovery. "Our desire is to see the economy in Harrisburg turn around. Harrisburg is beautiful. I personally just believe that it's one business at a time," she said. **E**

*Tomato Pie Café, 3950 TecPort Dr., Harrisburg
717-836-7051 | www.tomatopiecafe.net
Hours: Tuesday to Friday, 7 a.m. to 9 p.m.;
Saturday: 8 a.m. to 9 p.m.; Sunday, 8 a.m. to 3 p.m.*

The application was more than 1,900 pages long and contained questions related to core philosophy, underlying purpose and measurable academic goals.

At the February school board meeting, agenda item 9.14 was the approval/denial of the Capital Area School for the Arts Charter School application. School board member James Thompson made a motion to approve the charter, and Danielle Robinson seconded it. Then it came to a vote. With one member absent, two votes in favor and six opposed, the motion failed.

Then a week later, the school board reversed course, and the CASA charter application was approved. According to Jennifer Smallwood, president of the school board, confusion and miscommunication over terminology led to the application's initial rejection. But, upon further review, "We didn't have any criteria to deny the charter," she says.

The school's principal, Cheryl Giles-Rudawski, believes that perhaps none of the school board members wanted to be the first to say "yes" to the charter, sending a message that the school's application was of poor quality.

"Our application was strong, so they really had no grounds to deny it," says Giles-Rudawski. "This was our first application, and, I'll tell you, it is grueling."

IN A QUANDARY

Harrisburg's first arts magnet school was formed in the 1970s, located near N. 3rd and Forster streets, but it eventually had to close its doors due to funding issues, leaving some in the community disappointed.

"Many people, like Lois Lehrman Grass and others, tried to re-surge this arts magnet concept where students, who are gifted and talented in the arts and wanted to continue to be educated through the arts, had an opportunity," says Giles-Rudawski.

That concept came to fruition in 2001 when Education Director Anne Alsedek from Open Stage of Harrisburg joined forces with Dr. Glenn Zehner, executive director of the Capital Area Intermediate Unit. The partnership brought together the Intermediate Unit's educational expertise and Open Stage's arts know-how for a new magnet school for the area.

For nearly 12 years, CASA operated a half-day program of intensive instruction in visual arts, dance, music, film and video and theater. At the time, with the help of former Mayor Stephen Reed, the school found classroom space at Temple University's Harrisburg campus, as well as at Open Stage. It also rented space from a local church on Chestnut Street.

At first, not everyone in the community fully appreciated what the school was trying to accomplish. "I think there was some confusion, initially, in the first years that it was not really an educational program and it was more like an arts class," says Giles-Rudawski.

She came onto the scene in 2004 after the principal retired. "They brought me down, and I came kicking and screaming, I wanted nothing to do with this school in a church, but I was here like a week, and I realized that really great things were happening," she says.

In 2009, CASA moved to its current space at Strawberry Square in downtown Harrisburg. As the country's recession deepened, the school began to feel the effects, and its fundraising tanked. "So we were in this quandary," says Giles-Rudawski.

School administrators worked to find scholarship money and did whatever they could to locate funds for students who could not afford to pay the tuition fees.

"I can't live like that forever, pounding the pavement



CASA CREATES A NEW FUTURE AS A CHARTER SCHOOL.

By Melissa Hunsberger



"THERE'S JUST SOMETHING ABOUT YOUNG PEOPLE IN THE ARTS. I DON'T HAVE BULLYING. I DON'T HAVE CLIQUES. I JUST HAVE PEOPLE WHO ARE VERY TOLERANT, COLLABORATIVE AND RESPECTFUL OF DIFFERENT OPINIONS."

— Cheryl Giles-Rudawski



for scholarships when, in fact, I do need money to feed into the program," says Giles-Rudawski. "I need better instruments. I need more technology."

Gradually, as school districts chose not to pay the tuition fees, it fell to the parents to pay, often resulting in students not enrolling at CASA.

"Last year, school districts' budgets got totally whacked and school districts were cutting their own arts programs, so it was really hard for me to go and ask superintendents and say, 'Support your kids at CASA when you yourself are cutting your own arts program,'" says Giles-Rudawski. "So we made the decision to go charter."

IS IT A FIT?

CASA Charter School is unique because it educates through the arts. Academic classes are infused by the arts and vice versa. Acceptance is still based on an audition.

"We do that because, if you've never picked up an instrument, it wouldn't be the class for you. It's really not about exclusion, it's about making sure it's a good instructional fit," says Giles-Rudawski.

Once accepted, students will commit to one of the six different areas of art: creative writing, visual art, dance, music, film and video or theater. Each year, students

will be required to have two credits in the art area they successfully audition for.

By mid-June, more than 110 students had come to the school to audition, and that didn't include any of the returning students from last year. "We're just really excited. It's a little bit out of the traditional format for a public school. Not all kids fit at CASA. I always tell parents: bring your son or daughter here, meet the school, meet the students, meet the staff and you'll know if it's a fit or not—and usually it is," says Giles-Rudawski.

CASA Charter School offers a full curriculum for grades 9 through 12, as well as a school counselor and nurse. During its first year, the school is enrolling up to 160 students and is offering some of the courses online and in hybrid models until it is able to hire a full complement of teachers. "As we expand, those teachers will be hired," says Giles-Rudawski.

In the past, 94 percent of students who attended CASA went on to college. "Most of our kids here are motivated to go on," says Giles-Rudawski. "I think you come here, and you get validated by your abilities, and so I think that gives you the confidence to pursue higher education."

Charter schools remain a topic of debate. As an

educator, Giles-Rudawski supports public education, yet she's not much of a fan of charter schools. Though she does think, if there's an opportunity to create a school that can be successful to a population of students, then it should be done. "I do think some students can be better educated outside of the traditional public school environment whether that's a cyber or charter school model," says Giles-Rudawski.

Not everyone agrees with her. School board member Brendan Murray, who began his two-year term in 2012, decided to run because he wanted to give back to the community that he loves so much. "I absolutely could help this district get to a better place than where it is now, and I believed that the only way to do that is to be on the board," says Murray.

During his tenure, seven or eight charter school applications have come before the board. Sifting through the binder-sized amount of information can be difficult. "I've learned so much in the time that I've been on the board that I've been able to pick out the good applications from the bad pretty easily now," he says.

Some of the charter school applications that came before the board were not on par academically with what the state Department of Education requires. "I couldn't vote for any charter school that didn't know what the standards were going to be for the state coming up in the near future," says Murray.

Paramount to a charter school's success is its ability to predict the number of students who will enroll, he says. Should the school fail to meet its enrollment goal, a hole will exist in the budget, making it a challenge to sustain the school for the period of its charter. In addition to enrollment, a school's financial operations play a large role in its success.

"The number one thing that ruins a charter school after five years is not their academics, but their actual fiscal setup, who is doing the actual money handling," says Murray.

With regard to CASA's charter school application, identifying grounds to deny it proved difficult. "It wasn't the academics, it wasn't anything other than I don't believe in taking money out from the students as a whole to help certain other students out. I don't think that's the best way that academics can be done," says Murray. "That's just a principle of mine."

While Murray did vote against approving CASA's charter, he does want the school to succeed. But he worries about the larger population of students in the district.

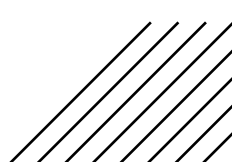
"I love what CASA is going to offer and, now that that it is part of our district, I will make sure, from now on, that anything that we can do to make sure it thrives, it will get that from me," says Murray. "But, as a principled person, I don't believe that you give a golden ticket to anyone, like Willy Wonka in the Chocolate Factory, and help one or two people out when the rest are suffering, especially with the economics of our district and the financial problems that we have."

With the beginning of the new school year, the City of Harrisburg was making a statement about its support of young people and the arts.

"We have totally gone into this, primarily for the students of Harrisburg and the Harrisburg area to be educated through the arts," says Giles-Rudawski. "There's just something about young people in the arts. I don't have bullying. I don't have cliques. I just have people who are very tolerant, collaborative and respectful of different opinions." **B**



For more information, please visit www.casa-arts.org.





A SELINGROVE SOJOURN

Beyond the Speedway, arts, nightlife await in this quaint town.

BY DON HELIN

On April 30, 1988, the people of Selinsgrove, Pa., gathered 33,000 bananas, 2,500 gallons of ice cream, 6,000 pounds of nuts and, with all of the assorted toppings, created the world's largest banana split. It measured 7.32 kilometers (4.55 miles) long.

Obviously, the record-setting confection has long since melted/been consumed. But I mention this to show that this historic, riverside community in Snyder County, about 50 miles north of Harrisburg, has a whimsical side, a fun side. (Well, the town is known for being near the Penns Creek Massacre of 1755, but we'll just let that slide for now).

Today, Selinsgrove is easier to enjoy than it has been in a long time. In recent years, its quaint downtown has been restored to host colorful boutique shops, cafes and family-owned restaurants, making a trip up Route 11/15 worth a day trip from the Harrisburg area.

A PORTAL TO SELINGROVE

A fine arts gallery, the Post & Lintel's name comes from an architectural term referring to the construction of a door, the "posts" being the sides or door jams and the "lintel" the crossbeam at the top.

Owner Stacey Martin developed her vision for the gallery by designing each space to maintain the integrity of the works contained therein. "I wanted the gallery to function as an inclusive hub where artists can learn and support each other, hence the term 'portal into the artist's world,'" she said.

Before opening the Post & Lintel, Martin taught art in the Harrisburg area for 13 years. She is a professional photographer and charcoal artist who has participated in many top 100 art shows across the country.

In addition to showcasing art in the gallery, Martin offers an array of workshops for people of all ages and experience levels.

"The Post Dance Studio," Martin continues, "is located on the second floor and features a variety of classes, including classical dance, zumba, the Susquehanna Valley Young Actors Camp and voice and guitar lessons."

On the top floor is the Urban Post, a modern clothing boutique that provides a constantly changing selection of clothing and jewelry on the cutting edge of fashion. No more than three of the same items are ever available at Urban Post, ensuring customers have a unique shopping experience.

"I'm proud that many of the pieces are hand-crafted by local artisans and offered only at Urban Post," Martin says.

Each month, the Post & Lintel highlights a different artist as part of the "Artists 4 the Grove" series. "The receptions are normally scheduled on the fourth Saturday of every month from 6 to 8 p.m.," Martin says with a chuckle. "That way, we don't need to compete with Susquehanna University's Friday night football games and multitude of activities at the Speedway."

"The show on Aug. 24 is going to have a little different flavor," Martin continues. "Rather than featuring a single artist, the gallery will be hosting an exposition on the theme 'Journey,' the Post & Lintel's first-ever literary contest."

For the contest, writers can submit works of fiction, nonfiction, poetry or a hybrid of these three, she says. Both gallery floors, as well as the Urban Post, will be open that evening.

COLLEGE & CARS

Just up the hill from Post & Lintel sits Susquehanna University, a liberal arts college founded in 1858.

At the college, activities abound throughout the year to serve more than 2,200 undergraduates from 35 states and 17 countries. Visitors to Selinsgrove might enjoy stopping by the Lore Degenstein Gallery and Degenstein Center Theater, which host exhibits and performances from September through April.

To graduating senior Jamie Beaudoin, Susquehanna University is more than just a school.

"As a first generation college student in my family," Beaudoin says, "Susquehanna University made it possible for me to attend here through a variety of grants and other programs. And the professors in the creative writing program styled their instruction in a workshop rather than lecture format, something you normally only see at the graduate level in other universities. I'm so glad I could go here."

Located just a few blocks from Susquehanna University is the Selinsgrove Speedway. Billed as the

“Fastest Half Mile on the East Coast,” the speedway hosts races from March through October. The roar of the engines and the cheers of the crowds provide for a fun and exciting evening.

HUNGRY YET?

Back downtown, Robert Kirkpatrick opened BJ's Steak and Rib House in 1982. He moved the restaurant to its present location on N. Market Street six years later, gaining a reputation for serving great steaks.

“The secret is that we dry-age our steaks,” said Cathy Oehrig, restaurant manager who has worked at BJ's for almost 20 years. “The steaks are stored in our cooler for 28 days before they're cut by our butcher.”

Other items, though, are just as popular.

“I love it here because Robert is innovative and insists on the best,” says Oehrig, who also mentioned she enjoys the sense of community that permeates Selingsgrove. “For example, he opened an Oyster Raw Bar a couple of years ago and was the first to bring barbecue to the area.”

Like Italian? At Isabella Ristorante, owner Domenico Napoli offers an amazing range of food, from lobster ravioli to rigatoni Roma to veal Parmigiana—and everything in between. The meals are filling, tasty and served with fresh Italian bread and vegetables.

Located in an old bank building, Napoli has kept the original details of the bank, including the old-fashioned teller windows, which he's made into a small bar. It is an elegant restaurant, yet you can dress casually.

A SLEEP OVER

If you find you're too full to drive home, you easily can find great in-town accommodations.

A stay at the Selingsgrove Inn on N. Market allows each guest to enjoy downtown or visit Susquehanna University while being pampered in high style. With lush design and great service, the Selingsgrove Inn is a relaxing, sophisticated place to stay.

I had a chance to speak with Maxine Thwait's, the inn's manager.

“Scott and Melanie Shaffer opened the inn in October 2006,” Thwait's says. “They wanted a place above the norm, someplace they'd enjoy visiting when they traveled, a place where the rooms are furnished with the furniture a visitor might find in their own home.”

As well as being comfortable, each one of the 24 guest rooms at the Selingsgrove Inn is quite functional with phones, high-speed Internet and kitchenettes.

“And best of all,” Thwait's says, “the breakfasts are special. Not just your run-of-the-mill continental breakfast, but real home-cooked meals, the kind you'd hope to find at your mother's country home.”

As I traveled around Selingsgrove, I heard rumors that it might be time to try for another record-breaking banana split. If that's the case, then I suggest you stay tuned and plan your visit accordingly. Oh, and be sure to bring a large spoon. **B**

Don Helin published his first thriller, “Thy Kingdom Come,” in 2009. His second thriller, “Devil's Den,” has been selected as a Finalist in the Indie Book Awards. Don lives in central Pennsylvania. Contact him at www.donhelin.com.



GOING THERE

ISABELLA RISTORANTE

23 S. Market St.
Open Monday through
Saturday, 4 p.m. to 11 p.m.
570-374-0255

SELINGSGROVE INN

214 N. Market St.
570-374-4100
selingsgroveinn.com

POST & LINTEL

34 S. Market St.
Open Tuesday and Thursday,
11:15 a.m. to 6 p.m.
Open Friday and Saturday, 11
a.m. to 5 p.m.
570-374-0606
thepostandintel.com

SUSQUEHANNA UNIVERSITY

514 University Ave.
susqu.edu

SELINGSGROVE SPEEDWAY

47 Sand Hill Rd.
selingsgrovespeedway.com

BJ'S STEAK AND RIB HOUSE

17 N. Market St.
Open Sunday through
Thursday, 11 a.m. to midnight
Open Friday and Saturday, 11
a.m. to 2 a.m.
570-374-9841
bjsribs.com



COMEDY (AND TRAGEDY) TONIGHT!

Local theaters raise the curtain on a new season.

BY LORI M. MYERS

Romans, revenge, love, hate. Drama, comedy, weird doctors, pies made of dubious ingredients. Harrisburg theaters are alive this season with a rollercoaster of emotions and a smorgasbord of shows that will please any taste.

GAMUT THEATRE GROUP

Gamut Theatre, located on the 3rd floor of Strawberry Square in downtown Harrisburg, has an exciting roster of classical fare beginning in November with William Shakespeare's "Coriolanus," considered one of the Bard's greatest tragedies and one of his more provocative plays.

"It's an amazing story," says J. Clark Nicholson, Gamut's artistic director and co-founder. "It's a play that's not done often enough, but it ought to be."

"Coriolanus" might well reflect on modern times considering its political themes of war, power and vengeance. It tells the story of a Roman general whose arrogance leads to his own downfall.

"It proves that unmitigated bravery might not be the best quality in your leaders if not tempered with judgment," Nicholson adds.

Gamut follows that up in February with "The Dresser," in which an elderly actor is about to take to the stage as King Lear. Backstage reflects the action on stage in this heartfelt story about the relationship between the dresser and the actor determined to latch on to fading glory.

"Antony and Cleopatra" is Gamut's pick for the 21st annual Free Shakespeare in the Park, May 30 to June 14, at the band shell in Reservoir Park. Bring chairs, a blanket and some light refreshments, and watch theater under the stars.

OPEN STAGE OF HARRISBURG

Only steps away from Court Street, Open Stage of Harrisburg's offerings include three regional premiers: "Gidion's Knot," "A Christmas Memory" and "Clybourne Park," as well as its fifth production of an August Wilson Century Cycle play, "Fences."

Open Stage's opener in October, "Gidion's Knot," incorporates themes from today's headlines. A child, possibly bullied, is suspended from school, allegedly for writing an inappropriate story. He goes home and commits suicide. The play takes in the aftermath of that event: a parent-teacher conference filled with accusations and grief.

For the holiday season, the musical, "A Christmas Memory," takes place in the year 1933 in rural Alabama, where we find a young boy being raised by three eccentric cousins. It is a musical memoir for the entire family based on a short story by Truman Capote. In February, August Wilson's "Fences" opens. This Pulitzer Prize-winning play tackles the issues of race and family through a former baseball star who tries to come to terms with his life and his son in 1957 Pittsburgh.

The final show in April is "Clybourne Park," a play that also touches on race, acceptance and real estate as we view the years 1959 against 2009.

THEATRE HARRISBURG

Whether Uptown or downtown, Theatre Harrisburg has a way of making sure that community takes center stage. The upcoming season will have three productions at the Krevsky Center on Hurlock Street and two musicals at Whitaker Center.

The season—or should I say baseball season—begins in September with the comedy "Bleacher Bums," which showcases a gathering of Cubs fans who sometimes

actually watch the game when they're not watching each other. The Uptown space also will feature "Lend Me A Tenor" in February and the Neil Simon classic, "The Last of the Red Hot Lovers," in June.

If it's a creepy musical you're after, Theatre Harrisburg will present "The Rocky Horror Show" in October/November with an 11:30 p.m. show on Halloween night and Stephen Sondheim's musical masterpiece "Sweeney Todd" in April, a show last produced by this theater in 1985. It was a production, says Executive Director Sam Kuba, which people are still talking about today.

"With the technical resources now available to us at Whitaker Center, this should be an intense, powerful and spectacular theatrical experience," says Kuba. "Anyone who has only seen the recent movie is going to be surprised at how much more actually takes place on stage." **B**

Gamut Theatre Group: www.gamutplays.org or 717-238-4111.

Open Stage of Harrisburg: www.openstagehbg.com or 717-232-OPEN.

Theatre Harrisburg: www.theatreharrisburg.com or 717-232-5501.

Nina Scarcia has been developing her sultry voice nearly her entire life. Born and raised in Harrisburg, Scarcia—who celebrates her 30th birthday this month—has been singing and playing music since she could walk, with her musician father giving her the bug at a young age.

“He got me started really early. I loved the Beatles; my dad was always playing them,” she reflects. “I started piano and voice lessons around age six. I’ve been studying voice my entire life.”

After high school, Scarcia studied social work at Mansfield University until 2006. From there, she moved around Pennsylvania, calling towns like Collegeville and Reading her home. Two years ago, after a romantic relationship ended, she returned to her hometown, where she has performed her blues-driven and acoustic tunes at venues like the Sturges Speakeasy, Suba, The MakeSpace and FedLive. Just recently, Scarcia quit her job as a social worker at a nonprofit agency to pursue full-time songwriting and performing.

“I didn’t realize I was able to song-write [as a career] until I got out of school,” she says.

Over the last couple of years, Scarcia has established herself locally as an evocative singer-songwriter and guitarist, with musical styles similar to some of her much-loved artists like Norah Jones and Bonnie Raitt. Also on regular rotation in Scarcia’s music collection are Lucinda Williams, Aimee Mann, Jeff Buckley, Florence and the Machine, Jessica Lea Mayfield, David Gray and, of course, the Beatles.

This past May, Scarcia released her debut album, an intimate account of heartbreak and moving on, within the framework of country, folk, blues and rock styles, as well as some “funky, New Orleans flavors,” she says, lovingly referring to her music as a “mixed bag.” Aptly named, “Washed Away” represents Scarcia’s personal journey of starting over.

“The album is about relationships and hardships I have had to overcome, as well as starting anew,” she says.

Crafting “Washed Away” was a family affair for Scarcia—her father Joe Scarcia and his long-time friend and fellow musician, Jim Ebersole, produced the album’s nine tracks.

In Ebersole’s West Hanover basement, the family-and-friend team added instrumentals to Scarcia’s acoustic tunes. “It turned out to be completely different, but with the same intention of the original songs,” she says.

And, Scarcia, along with her brother and sister-in-law, created the colorful, abstract self-portrait that serves as the album’s cover art. “I am so happy with the album,” she reflects. “It was so special because I was working with my family and friends. I feel very fortunate to have been able to make this record surrounded by people that believe in me.”

Nina Scarcia is at once a pensive, soulful musician and a cheerful, pleasant young woman. While many of her lyrics are emotionally revealing and her subject matter can be quite personal, the friendly Harrisburg native has a light sense of humor and a great laugh and still gets butterflies before walking out on stage.

“I always get nervous before a performance,” she laughs. “But, once I get through the first song, I’m good.”

Spending the time before a show getting focused, she prefers to be alone to get ready for a performance. “I’ll tell my boyfriend, ‘Could you not talk to me? Cause I’m not going to listen,’” she laughs. “I just need to center my thoughts.”

While Scarcia often sings about emotionally vulnerable subjects, the cheerful musician tries to keep it light with pre-concert vocalizations, sometimes borrowing Ron Burgundy’s comical “How Now Brown Cow” warm-up from “Anchorman.”

Once on stage, Scarcia has a beautiful, playful presence with a powerful, yet delicate voice that captivates her listeners. “I just love the feeling I get when I’m on stage,” she says. “The way I write is pretty much pure emotion, what I’ve gone through. Having people connect with that is really cool. I am thankful to have been given this gift to share with others; it brings me peace of mind every time I perform.”

After having moved around Pennsylvania, Scarcia says she will be sticking around in Harrisburg awhile.

“I just love playing for my friends and family. It’s just always so much fun,” she explains. “There are also so many great rooms around here. And it’s pretty much the perfect spot—I can go to

BURG BLUES

Singer-songwriter Nina Scarcia returns to her hometown with a soulful “mixed bag.”

BY MISSY SMITH

Baltimore, Philadelphia and New York City, because they’re pretty close. I was thinking about moving to Philly for awhile, but I kind of just stuck around, because the scene here was getting better and better.”

“Harrisburg has really changed over the years,” says Scarcia. “I’ve met so many cool people that are trying to make this city more artsy. The amount of talent in this area is incredible. It is becoming more of a cohesive place for artists.” **B**

You can catch Nina Scarcia at Market Cross Pub & Brewery in Carlisle on Sept. 5, the YWCA 4th Annual Fall Fest in Harrisburg on Oct. 5 and Sturges Speakeasy on Oct. 10.



Photo by Dani Fresh | www.danifresh.com



PASSION & INDISCRETION

*Born of love,
Market Square Concerts
enters its fourth decade.*

BY BARBARA TRAININ BLANK

It all began at Lucy Miller Murray's kitchen table in 1982.

That's where and when she conceived of Market Square Concerts, which since has grown up into a nationally recognized arts organization, one now on the cusp of entering middle age.

"People have nicknamed it my 'love child,'" she laughed. "It was born out of passion and indiscretion."

The reference is musical: the founder has a passion for chamber music and has been a "serious amateur" piano player for years.

In the early 1980s, "there was no chamber music in town," Miller Murray explained. "I saw a great need in the community."

She drew together an informal board and managed, to her surprise, to attain funding from the Pennsylvania Council on the Arts. "I was crying when I wrote the application," she admitted.

The first artist presented by the fledgling organization was pianist Peter Orth.

Market Square Concerts is now headed by professional musicians Peter Sirotin and Ya-Ting



Pictured far left: Daedalus Quartet—Jessica Thompson, Min-Young Kim, Matilda Kaul, Thomas Kraines. Photo by Lisa-Marie Mazzucco

Pictured center: Ray Chen, violinist. Photo by Uwe Arens

Chang, his wife. Both studied at the Peabody Conservatory and came to Harrisburg in 1996. They have co-directed Market Square Concerts since July 2011.

Violinist Sirotin teaches at Messiah College and performs with the Harrisburg Symphony Orchestra; he is its acting concertmaster this year. He and Chang, a pianist, are members of the Mendelssohn Piano Trio.

“We believe professional musicians have an obligation to devote part of their time to advocacy and education...especially at a time when government support is limited,” said the Ukrainian-born Sirotin.

What is chamber music, and what draws people to it? The dictionary definition is music written for two to 10 instruments without a conductor and with one instrument per part. Miller prefers to call it “the best music written by the best composers, such as Beethoven’s ‘Quartets.’”

Orchestral music is a feast for the senses—like a large party with many different kinds of people

“you spend 10 minutes with,” Sirotin elaborated. “Chamber music is like a dinner with two or three close friends, when you speak of issues near and dear to your heart. It is a highly personal medium that allows for more freedom, experimentation and exploration of one’s deepest emotions.”

One of the goals of the 30-something co-directors is to instill an interest in chamber music in young people who may not have been exposed to it. “Indie bands have a lot in common with chamber music,” Sirotin noted.

Market Square reaches out to young audiences through Soundscape, a series of educational programs featuring world-class artists. Then-executive director Ellen Hughes established Soundscape for the 2008 to 2009 concert season.

Hughes took over the helm after Miller Murray’s retirement and held it from 2008 to 2011. She focused on bringing in big-city performers and noted string groups, such as the Juilliard String Quartet, and is particularly proud of the concert featuring the Bach Choir of Bethlehem (Pa).

The position of executive director is challenging—encompassing artistic decisions, marketing and fundraising, said Hughes, current arts columnist for the Patriot-News and former WITF program host. “But I loved it, and think I provided good continuity between the founder and new directors. I’m glad young people have taken over.”

Market Square Concerts offers an opportunity for local music lovers to hear chamber music on the level of artistry they’d otherwise have to travel to big cities for. The Berlin Philharmonic String Quartet, for example, is offering the same program in New York’s Carnegie Hall.

The organization is committed to commissioning new works. This year, it will present music written from 1680 to 2012.

Financing an arts group is always tough. Market Square Concerts is fortunate to have Capital Blue Cross as its season sponsor; PinnacleHealth sponsored the Summermusic 2013 program.

In addition to Market Square Presbyterian, its original venue, the organization holds concerts at Whitaker Center, where it is a resident company, Temple Ohev Sholom and Rose Lehrman Arts Center at HACC.

Hughes, who still serves on the board, said she is “in awe” of the organization and assured of its bright future. Miller Murray, who is also on the board, recalled fondly the time a patron unfamiliar with the music at a particular concert said he “knew it had to be good” because it was Market Square.

“What makes chamber music concerts special is finding the unexpected in well-known pieces, when a listener says he or she had no idea this was in the music,” Sirotin concluded. “Spontaneity is the name of the game.” **B**

For information on concerts, educational programs for young people and other events, visit: www.marketsquareconcerts.org.



Lucy Miller Murray

MARKET SQUARE CONCERTS’ 2013-2014 SEASON:

SEPT. 21—Market Square Church. Jasper String Quartet, with HSO’s Stuart Malina at the piano. Shostakovich’s “Piano Quintet” and string quartets by Haydn and Dvorak.

NOV. 16—Ohev Sholom. The Parker Quartet, playing quartets by Schubert and Mendelssohn and the recently commissioned string quartet, “Capriccio,” by Harrisburg native Jeremy Gill.

JAN. 23—Ohev Sholom. Calefax Reed Quintet from the Netherlands, in a program of Bach’s “Goldberg Variations” and Ravel’s “Le Tombeau de Couperin.”

FEB. 26—Whitaker Center. Violinist Ray Chen presenting sonatas by Mozart and Beethoven and short works by Pablo Sarasate. Pianist is Julio Elizalde.

MARCH 29—Whitaker Center. Pianist Ann Schein in a program of Beethoven, Ravel, Debussy, Liszt and Chopin.

APRIL 29—Market Square Church. Celebration of centennial of composer Benjamin Britten, with English tenor Rufus Muller and award-winning Daedalus Quartet.



LAST BLAST

Hot sounds then a cooling trend.

BY DAN WEBSTER

We're winding down the summer with a strong and varied lineup. Soak up the last of the summer at the FedLive festival, catch an up-and-comer in Pokey LaFarge and start to make your way into fall with modern bluegrass/folk bands, American Opera and The End of America.

BIGTADOO, FedLive, Sept. 1, 6 PM – 2 AM.: A one-day music festival with 20 bands and four stages fills our newest concert venue in town, FedLive. They're keeping it fairly local for the Labor Day weekend shindig. Hailing from York, Dana Alexandra brings her sexy pop and frequent road miles back to her homeland. Kate Glorioso is another female act from York, delivering an equal amount of depth in both her key playing and vocals, recently performing at WXPB in Philadelphia. Chelsea Caroline, a Harrisburg resident, is coming off her successful Kickstarter project, prepared to offer up her sultry sounds. The Dead 50s drive a different engine, releasing a high-energy punk element into the festival. And Ducky & The Vintage, Joy Ike and another modern folk act, Canyon, round out my recommendations.

POKEY LAFARGE, APPALACHIAN BREWING COMPANY, SEPT. 23, 8 PM.: Pokey LaFarge, a St. Louis-based artist, is a multi-genre genius, dipping his creative musical toes across the American roots. Blues, ragtime, early jazz and western swing are all present in his four-album career. Last month, he released his self-titled album on Jack White's label, Third Man Records, and recently collaborated with White on his album, "Blunderbuss," while also being featured on HBO's acclaimed show, "Boardwalk Empire." Pokey's reputation is rising and is a fresh pick if you like music that has echoes from a bygone era.

AMERICAN OPERA/THE END OF AMERICA, THE MAKESPACE, SEPT. 26, 8-9 PM.: A perfect pairing of folk bands, American Opera and The End of America synch into the musical era of 20-somethings trying to reclaim their national identity through sound and song. They are the type of acts you want to listen to while sitting on hay bales and drinking hard cider. The MakeSpace venue is the perfect informal homestead to take in their tunes. Be sure to listen to "Broken Roads" by American Opera and The End of America's rendition of Beck's "Please Leave a Light on When You Go." **B**

Mentionables: Sept. 19, Ana Popovic, Whitaker Center, 7:30 PM/ Sept. 21, The Dirty Sweet, Appalachian Brewing Company, 8 PM/Sept. 23, Zula and Starlight, The MakeSpace, 8 PM

9 | 1

BIGTADOO, SEPT. 1
FEDLIVE, 234 N. 2ND ST.,
HARRISBURG
6 P.M. – 2 A.M.

9 | 19

ANA POPOVIC, SEPT. 19
WHITAKER CENTER
222 MARKET ST., HARRISBURG
STARTS AT 7:30 P.M.

9 | 21

THE DIRTY SWEET, SEPT. 21
APPALACHIAN BREWING CO.
50 N CAMERON ST.,
HARRISBURG
STARTS AT 8 P.M.

9 | 25

ZULA AND STARLIGHT, SEPT. 23
THE MAKESPACE
1916 N. 3RD ST., HARRISBURG
STARTS AT 8 P.M.

9 | 26

**AMERICAN OPERA &
THE END OF AMERICA, SEPT. 26**
THE MAKESPACE
1916 N. 3RD ST., HARRISBURG
STARTS AT 8 P.M.



Ana Popovic, photo by Cheryl Gorski



COMMUNITY CORNER

Kipona Wine, Art and Blues Festival

Aug. 31-Sept. 2: Enjoy the Keystone Regional Chili Cook-off, Native American Pow-wow, "Breath of Nature" Karate Tournament, Wine Village and Bassmasters Fishing Tournament. There will also be food, music, rides and games. The festival will be at Riverfront Park from 12 p.m. to 9 p.m. on Saturday and Sunday and until 7 p.m. on Monday.

Music on the Lawn

Sept. 5: Get out for the final concert of the inaugural summer concert series at Mount Hill Tavern. Drinks, appetizers and a full dinner will be served as guests enjoy music from the tavern patio. For this month's final show, Little Brother will play, 7 to 10 p.m. For information, visit mounttavern.com.

It's About You

Sept. 6: Alpha Kappa Alpha Sorority, Inc. and the Foundation of Central Pennsylvania, Inc. present a conference to celebrate professional women in leadership. Individual registration is \$50 and table registration \$350. The event includes discussion and presentations as well as continental breakfast and lunch. The conference will run from 8:30 a.m. to 4 p.m. For more details, visit akaepsilonsigmaomega.com.

Dauphin County Jazz and Wine Fest

Sept. 7-8: National recording artists and local elite jazz musicians will play over two nights. More than 15 local wineries will participate in this celebration of music and wine. The festivities will run 4 to 9 p.m. both days. Tickets are \$25 in advance and \$30 at the gate; Children under 12 are free. For more information, visit dauphincounty.org.

The 50th All American Dairy Show

Sept. 7-12: This year's show will feature more than 2,500 animals shown by nearly 1,000 exhibitors from across the nation at the Pennsylvania Farm Show Complex. Activities will include silent auctions, juried events and various sales. For more information, visit allamerican.state.pa.us.

All Jazz for Homeless Cats and Dogs

Sept. 7: The Castaway Critters Foundation will hold a fundraiser at the West Shore Country Club, 6 to 10:30 p.m., featuring live jazz, guest speaker Tonya Foster and silent auctions for golf outings, gift certificates, theater tickets and animal-related items. Visit castawaycritters.org.

25th Annual Harrisburg Gallery Walk

Sept. 8: Celebrate the art and soul of the city in this year's gallery walk! With 28 participating art venues, galleries across the city open their doors to display artistic brilliance and creativity. The event runs from 11 a.m. to 6 p.m. For more information, go to artassocofhbg.com.

Flower Walk

Sept. 8: With autumn approaching, beautiful seasonal flowers will be in abundance. Join volunteers at the Olewine Nature Center from 1:30 to 3 p.m. for this final walk of the season to identify and appreciate the beautiful natural scenery of fall. More information at wildwoodlake.org.

Restaurant Week

Sept. 9-13, 16-20: This year's restaurant week actually goes on for two weeks, with 14 participating local eateries. For \$30, restaurant-goers will have the opportunity to experience a three-course meal from one of the specially designed menus provided by participating venues for the occasion. For more information and listing of participating establishments, go to harrisburgrestaurantweek.com.

7th Annual Mega Mixer

Sept. 12: Join the members of the four Cumberland County Chambers of Commerce and Cumberland Area Economic Development Corp. for one of the largest mixers of the year. Members of the West Shore, Greater Carlisle Area, Mechanicsburg and Shippensburg Chambers of Commerce will gather at the Allenberry Resort Inn & Playhouse for an evening of networking, great food and complimentary beverages. Attendance is free, but registration is required. Doors open at 5 p.m. and close at 7:30 p.m. For more information, visit wschamber.org.

Ned Smith Center's 2nd Annual Trail Run for Conservation

Sept. 14: Support the center's education and conservation mission while strolling through its 12 miles of scenic public hiking trails. Registration for individuals ages 13 and up is \$20 until Aug. 31, \$25 afterwards; children 7 to 12, \$12 registration before Aug. 31, \$15 afterwards. The Trail Run will begin at 10 a.m. and all proceeds will go directly to the center's mission. More at nedsmithcenter.org.

16th Annual Capital City Invitational Beer Fest

Sept. 14: The Appalachian Brewing Co. presents a celebration of beer tasting and merriment with about 20 breweries and vendors participating. The festival will be divided into two sessions. Session One will be held 2 to 5 p.m. and Session Two 6 to 9 p.m. with breweries and vendors on both floors. Tickets are \$35 in advance and \$40 at the door. For more information, go to abcrew.com.

Appalachian Audubon's Sponsored Native Plant Sale

Sept. 14: Stop by the Meadowood Native Plant Nursery to enjoy the beautiful native plants and learn more about their importance to birds, butterflies and other wild visitors to gardens. The nursery sale will begin at 9 a.m. and finish at 1 p.m. Volunteers will be on hand to provide selection advice for gardeners; more information available at meadowoodnursery.org.

Fort Hunter Day

Sept. 15: Join the celebration in Fort Hunter Park for an autumn festival. Festivities will include children's crafts and games, carriage rides, live music, craft shows and sales along with food and fellowship. The festival runs from 10 a.m. to 5 p.m. in Fort Hunter Park. For more information, visit dauphincounty.org.

Boot Camp in the Park

Sept. 15-Oct. 20: Take advantage of the various workout possibilities in Reservoir Park with Boot Camp in the Park. The fitness program is produced by local city residents for all. The final two-week session is available for \$60, two classes per week. For registration and more information, visit harrisburgrec.com.

Ned Smith Center 20th Anniversary

Sept. 20: The Ned Smith Center of Millersburg will have an open house to celebrate its 20th anniversary. Admission to the galleries will be free to the public and refreshments will be served. All visitors will receive a complimentary copy of Ned Smith's Wildlife Sketchbook. More information is at nedsmithcenter.org/20thanniversary.

Sew Much for Charity

Sept. 21: Sewin' Sisters Sowing hosts the 10th annual Sew Much for Charity, 10 a.m. to 2 p.m. at Trinity United Methodist Church, 210 Main St., Hummelstown. Come see what needle arts groups in our area are doing to help the community and each other at this free event. For information or to reserve a table, contact Marcellene Currens at 717-561-9964.

Celebrate Wildwood!

Sept. 22: Visit Wildwood Park and Nature Center to experience a variety of activities from noon to 4 p.m. Enjoy "The Running of the Turtles," recently hatched baby snapping turtles being released into the wetlands for the first time, adoptable dogs and pet vaccinations and educational children's activities. Registration is \$10 for adults and children under 12 are free. Visit wildwoodlake.org.

2013 Health Care Forum

Sept. 24: Harrisburg Regional Chamber and CREDC present a forum discussion focused on clarifying healthcare concerns, 7:30 a.m. to 10 a.m. Hear from leaders in the healthcare industry as they address questions. For details and registration, visit harrisburgregionalchamber.org/event/health-care-forum-2013.

2013 KILE

Sept. 28, Oct. 6: The two-day Keystone International Livestock Exposition at the Pennsylvania Farm Show Complex will feature more than 3,500 animals, various livestock showcases and other unique events. For online registration and more information, visit keystoneinternational.state.pa.us.

Smithsonian Magazine's 9th Annual Museum Day Live!

Sept. 28: The Harris-Cameron Mansion will open its doors to offer free admission as part of this nationwide event to spread knowledge and cultural access to everyone. Guided tours will be held from 1 to 3 p.m. Tickets are available for download at Smithsonian.com/museumday.

Harrisburg Hope Forums

Sept. 30 & Oct. 3: Join community group Harrisburg Hope as it hosts two forums in a week: one on marijuana issues and the second a mayoral debate. The Sept. 30 forum will focus on legislative and legalization issues concerning marijuana, beginning at 6 p.m. at Midtown Scholar Bookstore, 1302 N. 3rd St., Harrisburg. The Oct. 3 event is a mayoral debate at HACC's Cooper Student Center, Harrisburg, which also begins at 6 p.m. All Harrisburg mayoral candidates—whether on the ballot or write-in—will be invited to the debate. Information can be found at harrisburghope.com.

MUSEUM & ART SPACES

Antique Auto Museum at Hershey
161 Museum Dr., Hershey
717-566-7100; aacamuseum.org

“Central Pennsylvania Porsche Club of America Concours,” a showcase and competition among Porsche owners based on the appearance of their cars, Sept. 8, 11 a.m. – 3 p.m.

“Corvair Club Annual Car Show,” an event and competition in honor of the classic Chevrolet Corvair, Sept. 14, 9 a.m. - 3 p.m.

“Matchbox Toy Show,” a celebration of miniature and full size cars centered on the classic toy icon, Sept. 22, 9 a.m. - 3 p.m.

“Pop Culture & Popular Cars,” a trip down memory lane as popular cars of the 1950s-1970s are recreated and celebrated alongside the popular culture of the time, through Oct. 13.

“British Motorcycles in America,” a retrospective of classic British bikes, 1940s-1970s, through Oct. 17.

Art Association of Harrisburg
21 N. Front St., Harrisburg
717-236-1432; artassocofhbg.com

“Literary Allusions,” the fall membership exhibition, Sept. 8-Oct. 10; opening reception during Gallery Walk Day, Sept. 8, 11 a.m.-6 p.m.

Char’s at Tracy Mansion
1829 N Front St., Harrisburg
717-213-4002; charsrestaurant.com

Works in multiple media by artists: Ona Magaro, Glenn Zwegart, Thomas Smith, Char Magaro and Gerald McKee; exhibition and sale during Harrisburg’s Gallery Walk, Sept. 8, 11 a.m. – 5 p.m.

The Cornerstone Coffeehouse
2133 Market St., Camp Hill
thecornerstonecoffeehouse.com

Photographs by Meredith Lewis, through September.

Fenetre Gallery
HACC Midtown 2, 2nd Floor
N. 3rd and Reilly Streets, Harrisburg

“The Great Indoors,” paintings by Erika Stearly, through Sept. 11.

“Monologues: From the Family Series,” photographs by Geoffrey Scott; reception Sept. 20, 6-8 p.m.

Gallery@Second
608 N. 2nd St., Harrisburg
galleryatsecond.com

Works by Debra Tritt-Kreiger and Linda Benton McCloskey, Sept. 20 – Oct. 12; reception Sept. 20, 6-9 p.m.

Historical Society of Dauphin County

219 South Front St., Harrisburg
717-233-3462;
dauphincountyhistory.org

“Women’s Fashion of the 1920s,” supplied through the Shippensburg University Fashion Archives Collection; flapper era fashions are on display, through Sept. 26.

Mangia Qui/Suba Gallery
272 North St., Harrisburg
717-233-7358; mangiaqui.com

Works by Elide Hower and Joann Landis, through September.

Metropolis Collective
17 W. Main St., Mechanicburg
717-458-8245
metropoliscollective.com

“Whimsy,” with opening reception Sept. 6, 6-10 p.m.

National Civil War Museum
One Lincoln Circle at Reservoir,
Harrisburg
717-260-1861;
nationalcivilwarmuseum.org

“Living History” allows visitors to visit Civil War camps and ask historians questions, Sept. 14, 15 and 28, 29; musket and rifle loading and firing demonstrations Sept. 14, 28 at 11 a.m., 1 p.m. and 3 p.m. and Sept. 15, 29 at 1 p.m. and 3 p.m.

“1863,” an exhibit highlighting the third year of the Civil War, through Dec. 31.

Ned Smith Center for Nature and Art
176 Water Company Rd., Millersburg
717-692-3699; nedsmithcenter.org

Oil paintings by Cathy Mabijs depicting landscapes and the natural world, through Sept. 30.

Rose Lehrman Arts Center
One HACC Drive, Harrisburg
hacc.edu/RoseLehrmanArtsCenter

“Rock Flour,” ceramics by Denise Suska Green, through Oct. 2.

The State Museum of Pennsylvania
300 North St., Harrisburg
717-787-4980; statemuseumpa.org

“46th Annual Art of the State: Pennsylvania 2013,” an exhibit showcasing the creativity and diversity of 131 artists from across the state and 137 works in various media, through Sept. 8.

“Pennsylvania Watercolor Society’s 33rd Annual International Juried Exhibition,” an exhibit of watercolor paintings from across the globe, through Feb. 3.

Susquehanna Art Museum
100 North St., Harrisburg
sqart.org (at the State Museum)

“Construction/Destruction,” a display of artwork capturing the idea of the past constructing our present community, through Dec. 1; reception Sept. 8, 2-4 p.m.

Whitaker Center/The Curved Wall
222 Market St., Harrisburg
717-214-ARTS; whitakercenter.org

“Art Brûlée,” a showcase of work by the unorthodox pyrographic artist Walker Babington, through Oct. 31.

Yellow Wall Gallery/ Midtown Scholar
1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

“Renderings,” by Adrian Felton and Dave Ottey, through Sept. 15.

“Works in Fabric and Paper,” by Beth Aten, Sept. 17 – Oct. 12; reception, Sept. 20, 6-10 p.m.

READ, MAKE, LEARN

The LGBT Center of Central PA
1306 N. 3rd St., Harrisburg
717-920-9534
centralpalgbtcenter.org

Sept. 5: Women’s Group: The Female Athlete, 7-9 p.m.

Sept. 4, 11, 18, 25: Yoga Sampler, 7:30 p.m.

Sept. 13: Movies of Substance, 7 p.m.

Sept. 27: Open Mic Night, 7 p.m.

The MakeSpace
1916 N. 3rd St., Harrisburg
hbgmakespace.com

Sept. 4, 11, 18, 25: Yoga, 7:30-8:30 a.m.

Sept. 7: Collagery, 1-2 p.m.

Sept. 12: Untitled (Stories), 8-9 p.m.

Sept. 22: Art Book Club (Galenson’s Old Masters and Young Masters), 8 p.m.

Midtown Scholar Bookstore-Café
1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

Sept. 1, 8, 15, 22, 29: TED Talks, 1 p.m.

Sept. 2: Swing Dance at the Scholar, 6 p.m.

Sept. 2, 15: Midtown Writers Group, 7 p.m.

Sept. 3: Sci-Fi Writers Group, 7 p.m.

Sept. 4, 11, 18, 25: Midtown Chess Club, 11 a.m.

Sept. 5, 12, 19: Almost Uptown Poetry Cartel, 7 p.m.

Sept. 6, 13, 20: Nathaniel Gaddsen’s Writers Wordshop and Jump Street, Inc. presents, Poetry Night, 7 p.m.

Sept. 8: Art Association Gallery Walk, noon.

Sept. 8: Market Square Concert Preview, 3 p.m.

Sept. 10: Young Dauphin County Democrats Meeting, 7 p.m.

Sept. 11: Friends of Midtown Events Meeting, 6 p.m.

Sept. 14: Storytime by Andrea, 11 a.m.

Sept. 14: Local Author Signings, 2 p.m.

Sept. 15: Philosophy Salon, 12:30 p.m.

Sept. 15: LGBT Book Club, 5 p.m.

Sept. 17: Capital Area Modern Quilt Guild Meeting, 6:45 p.m.

Sept. 18: Sci-Fi/ Fantasy Book Club, 7 p.m.

Sept. 19: Banned Books Book Club, 7 p.m.

Sept. 20: Coffee Education w/Café Staff, noon.

Sept. 20: Tea Tasting w/Café Staff, 2 p.m.

Sept. 20: TMI Improv, 6 p.m.

Sept. 21: Professor Ogletree Presentation & Signing, 10 a.m.

Sept. 21: Harrisburg Symphony Orchestra Children’s Event, 11 a.m.

Sept. 21: Poison Pen Book Club, 5 p.m.

Sept. 22: Harrisburg Young Professionals Book Club, 2 p.m.

Sept. 23: Feminism Group Book Club, 7 p.m.

Sept. 24: Special Author Talk w/Jason Mott, 7 p.m.

Sept. 24: Art Kaleidoscope, 7 p.m.

Sept. 25: Modern Buddhism w/Kalpa Bhadra Kadampa Buddhist Center, 7 p.m.

Sept. 25: Bike the Burg, 7 p.m.

Sept. 25: Harrisburg Symphony Orchestra Season Preview Event, 7 p.m.

National Civil War Museum

One Lincoln Circle at Reservoir,
Harrisburg
717-260-1861;
nationalcivilwarmuseum.org

150th Fall Civil War Lecture Series:

Sept. 7: John Fitzpatrick, 1-2 p.m.

Sept. 14: Terry Beckenbaugh, 1-2 p.m.

Sept. 21: Greg Biggs

Sept. 28: David Kropp

LIVE MUSIC AROUND HARRISBURG

Appalachian Brewing Co./ Abbey Bar

50 N. Cameron St., Harrisburg
717-221-1083; abcbrew.com

Sept. 11: Conspirator
Sept. 12: The Heavy Pets
Sept. 13: Kilmaine Saints
Sept. 15: Niall & Cillian Vellely
w/Alan Murray
Sept. 18: Woody Pines
Sept. 19: Turkuaz
Sept. 21: The Dirty Sweet
Sept. 23: Pokey LaFarge
Sept. 25: Cutthroat Shamrock

Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg
717-909-9191; carleysristorante.com

Sept. 3, 7, 10, 17, 21, 24: Brandon
Parsons (Open Mic)
Sept. 4, 11, 25: Chelsea Caroline
Sept. 5: Ted Ansel
Sept. 6, 14: Roy Lefever
Sept. 8, 19, 22, 26: Anthony Haubert
Sept. 12, 20, 28: Jett Prescott
Sept. 13, 27: Noel Gevers
Sept. 18: Jason Kreider-Brandt

Central PA Friends of Jazz

717-540-1010; friendsofjazz.org

Sept. 28: Dave Brubeck Tribute
w/Cyrus Chesnut- Potluck Center,
Camp Hill.

The Cornerstone Coffeehouse

2133 Market St., Camp Hill
717-737-5026;
thecornerstonecoffeehouse.com

Sept. 6: Kevin Kline
Sept. 7: Dovetail
Sept. 8: David Carr
Sept. 13: Charles Lee
Sept. 14: Steve Gellman
Sept. 15: Kat Carlsen
Sept. 20: Jeanine & Friends
Sept. 21: Michael Stevens
Sept. 22: Maddi King

Fed Live

234 N 2nd St, Harrisburg
717-525-8077; fedlive.net

Sept. 21: The Passionettes
Sept. 27: Jessica Hernandez
& The Deltas

Hershey Theatre

15 E. Carcas Ave., Hershey
717-534-3405; hersheytheatre.com

Sept. 13: Hershey Symphony -
Broadway Today!

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St.,
Harrisburg
717-441-7506; harrisburgarts.com

Sept. 2, 9, 16, 23, 30: Karaoke
w/ Giovanni
Sept. 4, 11, 18, 25: Open Mic
w/ Mike Banks
Sept. 5: Nate Myers
Sept. 6: Aortic Valve
Sept. 7: Colebrook Road
Sept. 12: Strangest of Places
Sept. 13: Manian Van Kacker and
The Monumentals w/The Very
Americans and That Girl
Sept. 15: Belly Dance Lounge
Sept. 19: Midtown Getdown
w/Shrimpboat
Sept. 20: The Jellybricks
Sept. 21: Hank and Cupcakes
Sept. 26: The Woogles
Sept. 27: Finks Constant
Sept. 28: Shrimpboat
Sept. 29: Austin Miller

Hollywood Casino at Penn National

777 Hollywood Blvd., Grantville;
877-565-211; hcnp.com

Sept. 6: Cazmiere
Sept. 7: Lima Bean
Sept. 13: Gas Station Disco
Sept. 14: 7 bridges and Honey Pump
Sept. 21: The Luv Gods
Sept. 27: Uptown Band
Sept. 28: Smooth Like Clyde

The MakeSpace

1916 N. 3rd St., Harrisburg
hbgmakespace.com

Sept. 23: Zula/Starlight Girls
Sept. 26: American Opera/The End
of America

Market Square Concerts

717-221-9599;
marketsquareconcerts.org

Sept. 21: Jasper String Quartet &
Stuart Malina (at Market Square
Church)

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

Sept. 8: Cellist Justin Dougherty
Sept. 7: Good News Café
Sept. 14: Allie Ferris w/Kate Klim
Sept. 27: The Colt Wilbur Band

MoMo's BBQ & Grille

307 Market St., Harrisburg
717-230-1030
momosbbqandgrill.com

Sept. 3, 10, 17, 24: Rhyne McCormick
Sept. 4, 11, 18, 25: Open mic
w/Chuck Britton
Sept. 6: Jeff Calvin
Sept. 7: Frank and Sabrina
Duke Band
Sept. 12: Eric Bohn
Sept. 13: Back Cat
Sept. 19: The Robinson's
Sept. 20: Chas Depalo
Sept. 26: Gabe Traynor Accoustic
Sept. 27: Bushmasters

St. Thomas Roasters

5951 Linglestown Rd., Linglestown
717-526-4171; stthomasroasters.com

Sept. 7: Channalia
Sept. 13: Cotolo
Sept. 14: Rob Howard
Sept. 20: Rhodes Butt
Sept. 21: Just Dave
Sept. 27: Sterling Koch
Sept. 28: Chloe and Jeff

Stock's on 2nd

211 North 2nd Street, Harrisburg
717-233-6699; stocksonsecond.com

Sept. 6, 20: DJ Tommy Tunes
Sept. 7, 21: DJ Penny Brown
Sept. 13, 27: DJ Ray Rossi
Sept. 14: DJ Magic
Sept. 28: DJ Joe Pamula

Suba Tapas Bar/Mangia Qui

272 North St., Harrisburg
717-233-7358; mangiaqui.com

Sept. 6: Saint Elouise
Sept. 7: Christopher Dean
Sept. 13: Emily Yanek
Sept. 14: Scott Peoples
Sept. 20: Dirty Little Secret
Sept. 21: Mathis Grey
Sept. 27: TBA
Sept. 28: Leo DiSanto

Susquehanna Folk Music Society

Various locations; sfmsfolk.org

Sept. 15: Niall & Cillian Vellely
w/Alan Murray (ABC Brewing Co.)
Sept. 22: Wim Bekooy (folk dancing
at The Movement Center)
Sept. 28: Robinella w/Beggar's
Ride, 3 Dollar Suit & Kevin Neidig
(Elickers Grove Park)

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; whitakercenter.org

Sept. 5: Michael Grimm
Sept. 19: Ana Popovic
Sept. 26: Richard Thompson

THE STAGE DOOR

2nd Street Comedy Club

236 N. 2nd St., Harrisburg
717-681-8012
secondstreetcomedyclub.com

Sept. 13-14: Carmen Lynch
Sept. 20-21: Gilbert Gottfried
Sept. 27-28: Brian McKim

Harrisburg Shakespeare Company

3rd Floor, Strawberry Square,
Harrisburg
717-238-4111; gamutplays.org

Sept. 13-21: "The Legend of Sleepy
Hollow," Fridays and Saturdays,
7:30 p.m.

Hershey Theatre

15 E. Carcas Ave., Hershey
717-534-3405; hersheytheatre.com

Sept. 27: Earl David Reed, "The
Secret of My Unsuccess"

Little Theater of Mechanicsburg

915 S. York St., Mechanicsburg
717-766-0535; ltmonline.net

Sept. 6-22: "The 25th Annual
Putnam County Spelling Bee"

The LGBT Center of Central PA

1306 N. 3rd St., Harrisburg
717-920-9534
centralpalgbtcenter.org

Sept.: 5-21: "The Glass Menagerie"

Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill
717-737-6768; oystermill.com

Sept. 20 - Oct. 6: "The Hollow"

Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square,
Harrisburg
717-238-4111; gamutplays.org

Sept. 18 - Oct. 12: "Little Red
Riding Hood"

Theatre Harrisburg

513 Hurlock St., Harrisburg
717-232-5501
theatreharrisburg.com

Sept. 6-15: "Bleacher Bums"

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; whitakercenter.org

Sept. 15: Anthony Jeselnik
Sept. 28: Sam Talbot



Mike, Julia, & Jen Kmiecinski

NATIONAL NIGHT OUT

Barbecues, music, ice cream and just good conversation were highlights of National Night Out, an annual event celebrated throughout Harrisburg. From Uptown to Midtown to Allison Hill, neighbors gathered after the workday to chat, gossip and share community spirit. Founded as a way to deter crime, particularly in urban places, National Night Out has evolved into something greater—an opportunity every August for people who live near each other to interact and socialize.



Caleb Smith & Tara Chickey



Martaja Andrews



Allan Mathew, Matt Hunter, & Jordan Parenti



Michaela Bowers & Captain Annette Oates

//////////////////// SOCIALBURG / ON THE SCENE //////////////////////



Derek & Chelsie Markel



Jodie Reinhart, Clay Griffith, Todd Reinhart



Kaitlin Fleming & Courtney Harris

THE BREWERY AT HERSHEY

Thousands of beer-lovers and well-wishers packed The Brewery at Hershey, which celebrated its grand opening last month. The craft brewery's partners, who arrived in four DeLoreans, took the opportunity to announce the Members 1st Tasting Center at The Vineyard & Brewery at Hershey, a sports bar that will open later this fall on the premises in Londonderry Township.



Gerry & Brenda Funke, and Sarah & Tom Weigle

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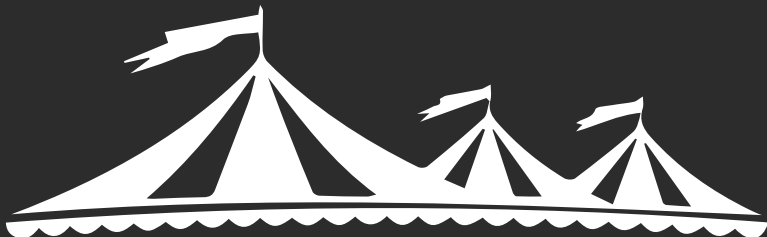
2ND STREET COMEDY CLUB

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PLAYING FROM THE SOUL

More than a competition, cricket is a game of friendships, a reminder of home.

BY CORY MULL

On a warm day, you may see them as you drive up N. Cameron Street: a group of men playing an unfamiliar game on the fields across from the state Farm Show Complex.

The game is cricket, and it's a special experience to those who play it in Harrisburg.

From May until August, cricket is played in the early mornings, on soft green grass, wickets twisted into the ground, flat wooden bats cracking re-purposed tennis balls into the distance.

As cars press along busy Cameron Street, the sounds of elation escape the grounds and into the air. "FOUR!" "SIX!"

The non-profit Pennsylvania United Cricket Association (PAUCA), which incorporated in 2004, has been orchestrating games for more than 10 years now. It has 14 teams of nearly 40 players, and its members also volunteer and give back to the community, said Nilesh Patel, the vice president and CEO of PAUCA.

And as far as the game itself, the organization brings together a smorgasbord of ethnicities, from Indians to Pakistanis to Australians, Americans and British.

That camaraderie is built every year, from team to team. When an off-the-field tragic incident occurred in 2006—a cricket player named Hitender Thakur was killed in a robbery attempt at the convenience store where he worked in Harrisburg—the cricket community banded together to show support, going as far as to help a family they barely knew in India. They flew Thakur back home to have a proper burial.

"It's players and families getting together, bringing connectedness," Patel said. "There's different languages and religions, but we've become more close."

Some travel great distances just to play every week.

"You can directly compare this game and Indian people to the NFL," Patel said. "This is second only to golf. And for some people, it's their primary sport. It's the only thing we grew up with."



Cricket, like baseball, is played with a bat and a ball. But, unlike our national pastime, cricket doesn't have innings. There are overs, and for every over, there are six pitches. Games usually last 20 overs, with one team batting until their overs are extinguished. The next tries to break that number, and if they do, they win and the game ends.

Pitchers are called bowlers. The field isn't played on a diamond, but on a circle. There are no bases to run, just wickets.

The game hasn't caught up in America for that reason alone. It can be confusing. But like soccer, the game is played across the globe, and in India, it's a national treasure, played by individuals who become celebrities and quasi-deity figures.

One player on the team Desiboyz, Saurabh Singh, who works for Deloitte, says an athlete like Sachin Tendulkar—a famous cricket player—is like LeBron James or David Beckham. He's considered a superstar by his country and adored by fans.

In Harrisburg, players are simply happy to be playing the game, to have a space to take up their hobby. Some arrive at the grounds wearing cricket shirts and pants. Others wear jeans and t-shirts. The dichotomy somehow comes together, in part because of the sport.

Many of the players grew up playing the game, Patel said, on sidewalks and dirt roads nearest to their homes and hearts. It's become their passion, their love.

It's a game that will remain close to them for many reasons. In the four months this league maintains play in the Harrisburg area, there are countless matches earned, friendships borne and championships won.

Still, there's time for a celebration afterward.

PAUCA makes a concerted effort to reward its players each season for a job well done, putting nearly 40 percent of its meager budget into the year-end bash, which takes place this month.

"The main reason we do it is for the families," said Nilesh Patel. "The league runs the entire summer, but only a few families show up on the grounds. So, we started holding the banquet at the end of the year so we could cherish the game and have an award ceremony and have family togetherness."

The ceremony recognizes the more than 500 players in PAUCA with awards and a celebratory dinner at the Embers Convention Center in Carlisle.

"It's a life," Patel said of the culture of the game. "Personally, I like cricket because I do follow it religiously. I can't wait to start the game. It's a love for the sport, that's the simplest reason I can say."

And if that's not enough, Patel adds, there's this: "Cricket is something that brings out the child, if you will, from their soul." **B**

Learn more about PAUCA and cricket in the Harrisburg area by visiting www.pauca.com.



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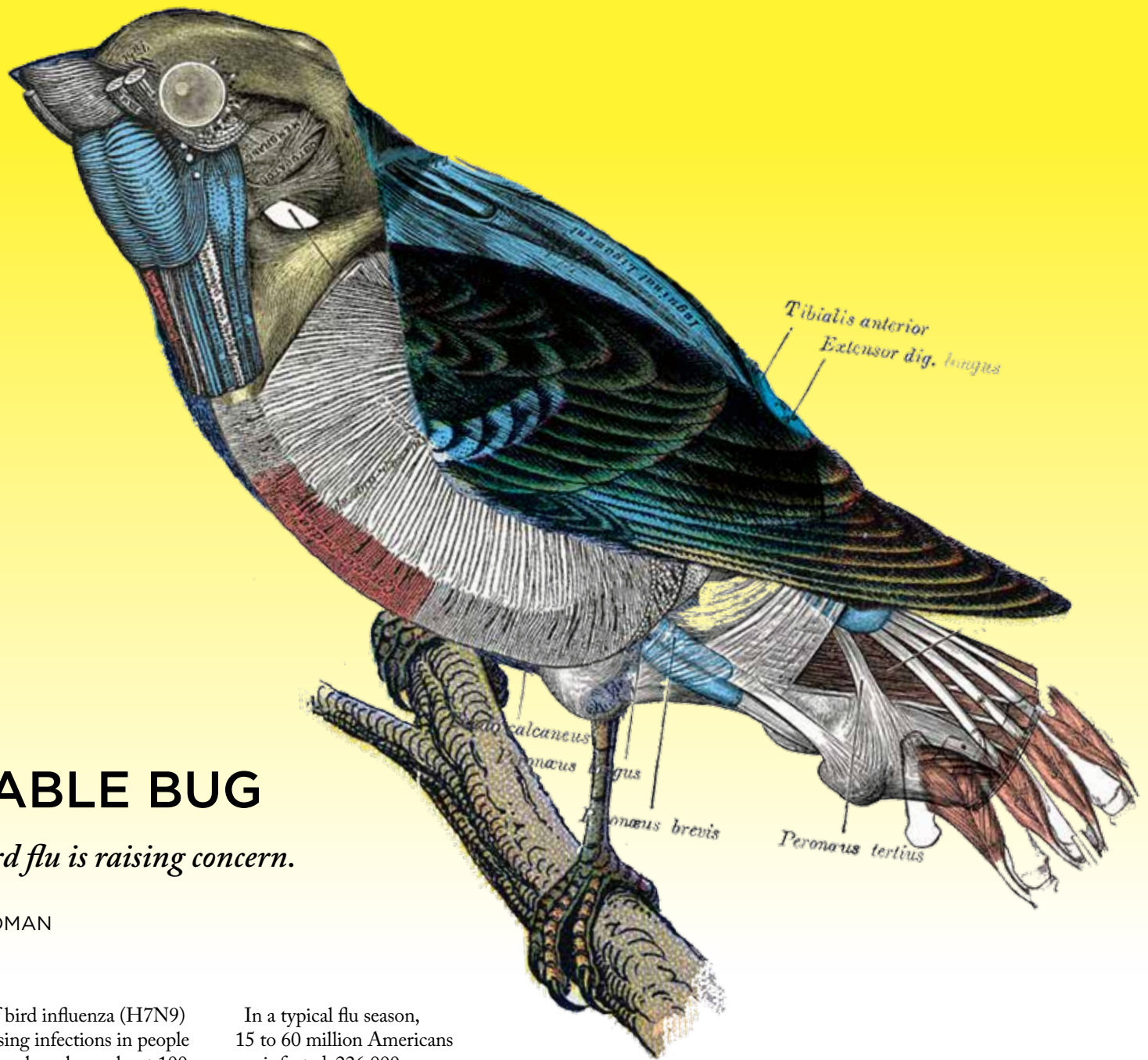
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ADAPTABLE BUG

Once again, bird flu is raising concern.

BY DR. JOHN GOLDMAN

A new strain of bird influenza (H7N9) has been causing infections in people in China. There have been about 100 documented human cases and about one-third of these patients have died. It is feared that this could be the emergence of a more deadly strain of the flu and the start of a new, severe pandemic of influenza.

Typically, the flu virus that circulates each year is only slightly different from the strains of influenza that circulated in previous years. However, every 10 to 20 years, a new flu virus appears when a strain of influenza is transmitted to humans from another species and begins to cause widespread infection in the human population.

A new influenza virus can occur when an animal is simultaneously infected with a human flu virus and an influenza virus that normally only infects its own species. The two viruses combine in such a way that the animal virus is now able to infect humans and spread easily from person to person. Because the human population has no pre-existing immunity, the virus spreads more quickly, infects a larger portion of the population and results in more serious illness, more hospitalizations and more deaths than the typical seasonal flu.

In a typical flu season, 15 to 60 million Americans are infected, 226,000 are hospitalized and 30,000 to 50,000 die (about 0.1 percent of those infected). In contrast, in pandemic influenza, up to 50 percent of the population can be infected and the rate of mortality can be as high as 5 percent of infected individuals. Consequently, a severe outbreak of pandemic influenza would have the potential to cause millions of deaths in the United States.

Could the H7N9 bird flu virus have the potential to cause a new pandemic in the United States? It is clearly a very deadly virus. Of the 131 documented cases, 123 were hospitalized and 39 died. The fatality rate among hospitalized patients was as high as 33 percent. It is thought that many mild, unreported cases occur and the true fatality rate is much lower but could be as high as 3 percent. Consequently, the virus has the potential to cause a severe outbreak of the flu in which the mortality rate would be as high as some of history's most severe pandemics.

Fortunately, H7N9 does not appear to spread easily among people. All of the current cases have occurred in people who have had direct contact

with birds. There is limited or no transmission from person to person. Consequently, the virus has been unable to spread beyond the initial small clusters of cases. However, in the past, other bird flu viruses have developed efficient human-to-human transmission and have caused widespread pandemics. For example, one of the worst pandemics, the Spanish Flu of 1918 to 1920, which resulted in about 50 million deaths worldwide, is thought to be the result of bird flu.

Fortunately, no cases of this virus have been detected in the United States, and public health officials are able to prepare for the possibility of the pandemic. The Centers for Disease Control has sequenced the virus, is preparing a test kit to be able to detect this strain of the flu and is working on an H7N9 vaccine. In short, H7N9 could happen here, but, hopefully, we will be prepared. **B**

Dr. John Goldman is Program Director of Internal Medicine at PinnacleHealth.

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“PARTY TIME, NOT EXCELLENT”

Lawrance Binda on the lock of the two-party system on Harrisburg politics after a court decision threw two independent candidates off the ballot:

I don't understand how this Democratic state committeeman can run for mayor as a Republican, having secured that nomination with all of 196 write-in votes. I'm sure he'll do his best to hide his party affiliation during the campaign. However, being a Republican means certain things, things I'm pretty sure [Dan] Miller does not believe in and cannot advocate. So then what we're left with is political opportunism masked in a noble disguise of giving voters a choice—the same “choice” they just had three months ago.

What this portends for November is already taking shape.

[Eric] Papenfuse, by his meek, non-response response to the petition challenges, has done damage to his campaign. How much is uncertain. I assume he hopes, once this ugly episode dies down, he can simply push forward and resume his quest for the mayoralty. Miller, naturally, will try to keep Papenfuse's evasiveness alive as long as possible, trying to take maximum advantage of the public's sudden turn against him.

I continue to believe that this race is Papenfuse's to lose. The Democratic advantage in this city is very strong, and it's hard to see, absent more serious stumbles by Papenfuse, where Miller's support will come from beyond his primary followers. Given Miller's anti-GOP positions, the conservative vote is hardly a lock for him, and he certainly won't get much support from Mayor Linda Thompson's crowd.

One near-certainty is that this will be a fascinating election campaign to watch. We have a Republican candidate who repudiates the Republican-led financial recovery plan for the city, while the Democrat embraces it. Is this the best thing for Harrisburg? Certainly not, but it's the only choice the engrained two-party system has left us with.

“NO COMMENT”

Paul Barker on the silence of the Papenfuse mayoral campaign following challenges to his opponents' nominating petitions:

If Papenfuse has nothing to do with the challenges, then this is an opportune moment to prove his commitment to “vigorous debate”—by condemning Coles' spurious effort to short-circuit it.

If, on the other hand, he is linked to the petitions, it's time to make that known. After all, there are ways to be connected that are less than nefarious. It's possible he was blindsided by a supporter who, without recognizing the ill auspices of a one-man ballot, initiated one or both challenges without his knowledge. It's possible he heard about someone's intention to challenge, and gave tacit approval.

One of the things that's impressive about the October 2012 [state Senate] testimony is how unvarnished it is. A solitary figure, with lawmakers before him and lawyers behind, Papenfuse makes an impassioned plea that justice be served. Now, in place of the Papenfuse who came to speak the truth, we have a campaign issuing bland press releases. And without an express repudiation of the petitions, what conclusions are voters left to draw?

“WAG THE DOG”

Paul Barker on how the Harrisburg mayoral race descended into political spectacle:

[Dan] Miller, reversing his Monday announcement, revealed he would be visiting the County Administration Building to submit his \$25 filing fee, thereby sealing his acceptance of the Republican nomination. A press gaggle dutifully formed at 3 p.m., and Miller, after posing for photos with his cash in hand, slid his payment over the counter.

He said afterwards that the petitions came as a “huge surprise.” “This is definitely the Papenfuse campaign,” he added. “It's a civic responsibility for me to get on the ballot. Let's have a choice.”

In short, it was a day of carefully arranged displays. But it was hard to tell which hands were doing the arranging, and with what in mind. Whoever is ultimately behind the petitions, they have no useful place here. To the extent they have cast suspicions on Papenfuse's candidacy—accurate or not—they are likely to do him more harm than good. If they lead to Mindlin's removal from the race, then voters will have lost an opportunity to hear his broad and informed civic vision. They have brought Miller back on the ballot, but at the cost of any appearance of a stable campaign.

BEST OF THE BURG BLOG

*Some highlights from our blog posts over the past month.
Read the full posts at:*

WWW.THEBURGNEWS.COM

Since the primary season began last spring, the political environment has been increasingly dominated by petty spectacle, with the focus on process and money rather than on issues. This reflects a national trend, of course, and perhaps it was always inevitable. Robert Penn Warren knew in 1946 how to portray the sly manipulation of local politics, the ingenious way of adapting voters' minds to categories of enemy and friend. Whatever the outcome of the petitions next week, the race will be uglier for it.

“WHOSE WOODS THESE ARE”

Paul Barker on spending National Night Out with a group in Wildwood Park:

It was an overcast evening, humid but cool, and not dark enough yet for flashlights. A man remarked on how pleasant it was to be out “in nature.” At that moment, a truck roared past, as loud as if it were just beyond a thin screen of trees. “Asterisk on that,” he added.

“Hear that chip, chip, chip?” Lockerman asked. “There are wood thrushes doing alarm calls over there. There's something upsetting them.”

“Is it us?” someone asked.

“No,” Lockerman said. “It could be a snake, even a squirrel near a nest, close to their babies. They're making a fuss!” The path wound around, affording a better view. Lockerman turned back to the group. “I just discovered the reason for the squawking. There's a Cooper's hawk up there. They eat other birds.”

The group stopped on another bridge, where the water below was sluggish. In summer, Lockerman said, the level is low, but “there are times when the water is up to our necks here.” Wildwood, being a wetland, is a flood-control mechanism for the city, able to hold and disperse runoff in ways pavement can't. “It's like a big sponge,” she explained. “The road you drove in on is a dam.”

“FITCIRCUIT FOLLY”

Lawrance Binda on an effort to use the entire ParCourse FitCircuit, in order, in Riverfront Park:

We quickly saw that something was not right. The introductory sign said the first exercises, logically, were stretches and warm-ups. But the first station was not a warm-up, but a rather intimidating set of bars for the “Chin-Up” station. We then realized that the entire exercise circuit had been built backwards. We were staring at Station 15, the final, and one of the most difficult, exercises in the circuit. The first station was half-a-mile upriver.

So back it was to walking. We slowly passed the other stations, one by one, in descending order, farther and farther away from the sign that said, “Welcome to ParCourse FitCircuit.” We hoped that, by the time we reached the first station, we still would remember our instructions.

It wasn't a completely pointless venture. Along the way, we took in the good (the wide variety of architecture along Front Street), the bad (another downed light pole lying like a corpse near Seneca Street) and the, well, interesting (let's just say, as a general rule, that all men should wear shirts when they jog).

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